



Lesson Exemplar for Mathematics

Quarter 1 Week





Learning Activity Sheet for Mathematics Grade 7 Quarter 1: Week 1

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Development Team				
Writer:	Evelyn C. Callada			
Content Reviewer:	Resty I. Rodelas, Alberto J. Tiangco, Marilyn B. Soriano,			
	Evelyn C. Callada, Dominador J. Villafria			
External Content Validator:	Dr. Errol Matthew C. Garcia, Dr. Winston S. Sirug			
External Language Validator:	Rafael John Sotto			
	Versel Insier O. Furschie			
Layout Artist:	Vergel Junior C. Eusebio			
	Management Team			
JOCELYN DR ANDAYA, CESO IV, Director IV CRISTITO A. ECO, CESO III, Assistant Regional Director MICAH G. PACHECO, OIC-Chief Education Program Supervisor, CLMD DENNIS M. MENDOZA, Regional EPS/Learning Resource Management Section Head RESTY I. RODELAS, Regional Mathematics Education Program Supervisor DAISY L. MATAAC, SDO Taguig City & Pateros LRMS Education Program Supervisor ELSA R. MATA, SDO Navotas LRMS Education Program Supervisor				

MATATAG	School	Grade Level	Grade 7
K to 10 Curriculum	Name of Teacher	Learning Area	Mathematics
Weekly Lesson Log	Teaching Dates and Time	Quarter	1

	DAY 1	DAY 2	DAY 3	DAY 4
I. CURRICULUM CON	TENT, STANDARDS, AND LE	SSON COMPETENCIES		
A. Content Standards	The learners demonstrate ki 1. regular and irregular polyg 2. determination of measures	nowledge and understanding of gons and their features/properti s of angles and the number of sig	es; and des of polygons.	
B. Performance Standards	By the end of the quarter, the 1. draw and describe the feat	ne learners are able to: ures/properties of a regular and	l irregular polygon	
C. Learning Competencies	The learners 1. classify polygons according to the number of sides, whether they are regular or irregular, and whether they are convex or non-convex.	The learners 1. classify polygons according to the number of sides, whether they are regular or irregular, and whether they are convex or non-convex.	The learners 1. draw triangles, quadrilaterals, and regular polygons (5, 6, 8, or 10 sides) with given angle measures	The learners 1. draw triangles, quadrilaterals, and regular polygons (5, 6, 8, or 10 sides) with given angle measures
D. Learning Objectives	 At the end of the lesson, the learners will be able to: 1. define polygon 2. identify polygon and non-polygon 3. identify polygons according to sides 4. define and identify the diagonals of a polygon 5. Identify convex and non-convex polygon 	 At the end of the lesson, the learners will be able to: 1. identify regular and irregular polygons 2. measure the angles and sides of the polygon 	At the end of the lesson, the learners will be able to: draw triangles with given side and angle measures.	At the end of the lesson, the learners will be able to: 1. draw quadrilaterals, with given side and angle measures.
E. Instructional Design framework feature (s)	Context, Connection Collaboration, Creativity	Context, Connection Collaboration, Creativity	Context, Connection Collaboration, Creativity	Context, Connection Collaboration, Creativity
F. 21st Century Skills	Visual Literacy Technological Literacy Digital Literacy	Visual Literacy Technological Literacy Digital Literacy	Visual Literacy Technological Literacy Digital Literacy	Visual Literacy Technological Literacy Digital Literacy



	Critical Thinking	Critical Thinking	Critical Thinking	Critical Thinking
	Problem-Solving	Problem-Solving	Problem-Solving	Problem Solving
II. CONTENT	Classifying Polygons according to number of sides, according to convex and non-convex	Classifying Regular and Irregular Polygons	Drawing triangles with given side and angle measures	Drawing quadrilaterals with given side and angle measures
III. LEARNING RESOU	URCES			
A. References				
B. Other Learning Resources				
IV. TEACHING AND L	EARNING PROCEDURES			
Before/Pre-Lesson Pr	oper			
Activating Prior Knowledge	The teacher will post pictures of different types of angles, triangles, and quadrilaterals. The students will be asked what type of triangles and quadrilaterals are posted: Activity #1 A. Name the angles: Acute Angle Obtuse Angle Right Angle B. Match the given triangles with the names given below:	The teacher will post pictures: • What can you say about the 2 segments? • ANS. They are equal in measure. • How will you determine if they have equal measures? ANS. Using ruler	The teacher will show the students a ruler and protractor and ask them if they can draw line segments using ruler and angles using a ruler and a protractor. The teacher will play the video. https://www.youtube.com/ watch?v=27LHhakKL2Q Activity #1 On their bond papers, the teacher will ask the students to work on the following tasks: a. Draw a line segment of length 7 cm	The teacher will use the interactive quadrilaterals website to review the properties of quadrilaterals: <u>https://www.mathsisf</u> <u>un.com/quadrilaterals.</u> <u>html</u>



angle:	• What can you say about	AB of length 10 cm.	
\land \land \land	the angles?	c. Draw line segment CD	
	ANS. They are equal	with the same length	
Acute		as AB.	
Obtuse	• How will you determine if		
Right	they have equal	The teacher will play	
Trionales coording to	measures? Do you know	another video.	
sides:	how to use protractors?	https://www.youtube.com/	
Siucs.		watch?v=dJPAOvD0jxs	
\land \land \land	ANS. By measuring using a protractor.	Activity #2	
Scalene	Note to the teacher:	On their bond papers, the	
Isosceles	Provide students with	teacher will ask the students	
Equilateral	practice using a protractor.	to work on the following tasks:	
 C. The students will be asked to draw the following: Square Rectangle Parallelogram Rhombus Trapezoids To enhance the learning experience, you can engage student's existing knowledge by posing the following questions: How are angles measured? Can you draw or construct an angle? 	Activity # 1 Using a ruler or protractor, determine if the following are equal in measure. 1. 2. 3. 3.	 a. Draw an angle with a measure of 30° b. Draw an angle with a measure of 80° c. Draw an angle with a measure of 130° d. Draw an angle with a measure of 180° 	



	 How are triangles classified? How will you differentiate the different kinds of quadrilaterals? 	4.		
Lesson Purpose/Intention	The lesson for the day is about classifying Polygons according to the number of sides, according to convex and non-convex	The lesson for the day is identifying a regular and irregular polygon.	The lesson for the day is drawing triangles with given side and angle measures.	The lesson for the day is drawing quadrilaterals with given side and angle measures.
Lesson Language Practice	To facilitate language practice, the learners will do Activity#2: Match the following words with the given definitions: SEGMENT POLYGON DIAGONAL CONVEX POLYGON CONCAVE POLYGON CONCAVE POLYGON TRIANGLE QUADRILATERAL VERTICES INTERIOR ANGLES a. a flat or plane, two- dimensional closed	 To facilitate language practice, the learners will do Activity # 2: UNSCRAMBLE the letters to find the correct word: 1. QEULA ASUMREE - when the amount of one thing is the same as the amount of another thing 2. ARTROPCTRO – used to measure angles 3. ERUALGR YGPLNOO all the sides and interior angles are equal 	 To facilitate language practice, the learners will do Activity #3 Fill in the blank with the correct letters. 1EG_E_T - the portion of a line between any two of its points. 2N _ E - formed by two rays or lines that share a common endpoint. 3R _ T _ A _ T _ R - used for drawing angles of known measures and finding angles of unknown measures 	To facilitate language practice, the learners will do Activity # 1. Fill in the blank:



	shape bounded with straight sides b. a polygon with 3 sides, 3	4. ERURALIGR YGLOPNO The sides and interior angles are not equal	4. _ R _ A L _ - a three- sided polygon that	cross or meet, and their distance from one another remains
	angles, and 3 vertices c. a line segment		consists of three edges and three vertices	constant, then the sides are
	vertices (or corners) of a polygon			angles are the angles directly opposite each other where two
	sides, four angles, and four vertices.			lines cross
	e. a polygon having all the interior angles less than 180			are those angles that sum up to 180 °.
	 f. angles that lie inside a polygon g. a polygon having at least 			Adjacent Opposite Parallel
	one interior angle greater than 180 °			Supplementary
	h. the points where two or more-line segments or edges meet (like a corner)			
	i. sides of a polygon			
During/Lesson Prope	r			
Reading the Key Idea/Stem	To establish and understand the concepts, the teacher will present the key ideas and concepts: TRIANGLE is a polygon with 3 sides, 3 angles, and 3 vertices	To establish and understand the concepts, the teacher will present key ideas and concepts:	 To establish and understand the concepts, the teacher will present key ideas and concepts: The sum of the angles of a triangle is 180° 	To establish and understand the concepts, the teacher will present the different key ideas and concepts such as:



		• The teacher will most 0	• Trionales coordina to	- 701 6 (1
	QUADRILATERAL IS a	• The teacher will post 2	• Irlangles according to	• The sum of the
	polygon having four sides,	sets of pictures.	side – scalene, isosceles	angles of a
	lour angles, and lour		and equilateral	quadrilateral is 360°
	vertices.		• Triangles according to	• In a square – all
			angles – right, acute, and	sides are equal: all
	CONVEX polygon having all		obtuse	$angles are 00^{\circ}$
	the interior angles less than		obtude	angles are 90
	180.			• In a rectangle –
				opposite sides are
	CONCAVE polygon - a			parallel and equal;
	polygon having at least one			all angles are 90°.
	interior angle greater than			In a rhombus
	180°.			• III a IIIoIIIbus –
				opposite sides are
		<u> </u>		parallel, all sides
				are equal, and
				adjacent angles are
				supplementary.
				• In a parallelogram –
				opposite sides are
				parallel and equal
		SET B		paraller and equal,
				adjacent sides are
		• Describe the set of		supplementary, and
		• Describe the set of		opposite angles are
		polygons.		equal.
				• We can draw a
				quadrilateral by
				using their
				properties
				properties.
	To develop loomons'	To develop loomore'	To develop loomons'	To develop loomore'
Developina	understanding of the law	understanding of the law	understanding of the last	understanding of the
Understanding of the	ideas presented in the	ideas presented in the activity	ideas presented in the	key ideas presented in
Key Idea/Stom	activity above the teacher	above the teacher will ask the	activity above the teacher	the activity above the
	activity above, the teacher	above, the teacher will ask the	will play the video.	the activity above, the
			will pluy the video.	



will ask the following	following questions based on		teacher will play the
questions:	the pictures given:		video:
		Drawing a triangle with two	
• Based on the definition of	• Describe the figures in Set	sides given and the angle	Drawing a square using
the triangle and	A. How do they differ? How	between them	a protractor and ruler.
quadrilateral, what are	are they similar?	1	1
the common words?	• Let the students measure	https://www.youtube.com/	https://www.youtube.
ANS. Polygon, sides,	the sides and the angles.	watch?v=av4FFDJ56Cg&t=3	com/watch?v=4HbPJG
angles, and vertices.	ANS. The sides and angles of	<u>48</u>	<u>10000</u>
-	the given polygons in SET A	The students will be asked	The students will be
• Again based on the	have equal measures.	to draw a given triangle.	asked to draw a square
definition, can we say	• Describe the figures in Set	AB = 6 cm	with a side equal to 15
that triangles and	B. How do they differ?	AC = 8 cm	cm.
quadrilaterals are	How are they similar?	∠CAB = 65°	
polygons?	• Let the students measure		Drawing a rectangle
ANS. Yes.	the sides and the angles.	Drawing a triangle with two	using a protractor and
	ANS The sides and angles of	angles and their common	ruler.
• How many sides does a	the given polygons in SET B	side given.	
triangle have? How	have unequal measures.	1	1
about quadrilateral?	-	<u>nttps://www.youtube.com/</u>	https://www.youtube.
ANS. 3. 4	• Compare Set A to Set B.	watch?v=Jobr LboSxxi	$\frac{\text{com/watch?v=3wayDQ}}{4A2 \text{ lo}8t=48}$
	ANS. Polygons in Set A are	The students will be asked	<u>+A200&1-+5</u>
• Can you draw polygons	Regular Polygons while	to draw a given triangle:	The students will be
other than triangles and	polygons in Set B are	AB = 10 cm	asked to draw a
quadrilaterals?	Irregular Polygons. Regular	∠CAB = 55°	rectangle with sides
ANS. YES	Polygons are polygons with	∠CBA = 40°	equal to 15 cm and 10
The students will be	equal sides and angles while		cm.
asked to draw polygons.	nolygons with unequal sides	The teacher will ask	
\wedge \frown \frown	and angles	students to explore other	Drawing a rhombus
$\langle \rangle \langle \rangle \langle \rangle$		ways of drawing a triangle	using a protractor and
The teacher will ealy the	• Is square a regular	given the measure of sides	https://www.woutuba
• The teacher will ask the	polygon?	and angles. Let's say given 5	$\frac{111108.77 \text{ www.youtube.}}{100000000000000000000000000000000000$
students to describe the	ANS. Yes, because all sides		xtore&t=127s
polygons which they	are equal and all angles are		<u>Augrocot 1210</u>
have drawn.	equal		
	~Y~~		



• How are the figures drawn? ANS. Using lines that meet at certain points.	 Is the rhombus a regular polygon? ANS. No. because the angles are not equal though the sides are equal 	The students will be asked to draw a rhombus with sides equal to 12 cm and one angle equal to 50°
Are the figures closed? ANS. YesBased on the given	• Are convex polygons always regular polygons? ANS. No, Not always	Drawing a parallelogram using a protractor and ruler.
figures how will you define a POLYGON?	Are concave polygons regular?	<u>https://www.youtube.</u> <u>com/watch?v=FClYkrjt</u> <u>XHY</u>
figure consisting of line segments joined at their endpoints. The line	Ans. No	The students will be asked to draw a parallelogram with
segments are the sides and the vertex is the point at which the two sides meet.		sides equal to 15 cm and 10 cm and one angle equal to 110°
• Can we consider the figure below a polygon?		
ANS. No, because those are not closed figures.		
• How do we name a polygon? The teacher will present the video (https://www.youtube.c		







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	• What can you say about the measures of the			
	interior angles?			
	ANS. In the first figure, all			
	180°. In the second figure,			
	one angle is more than 180 °.			
	The teacher will state the following:			
	CONVEX polygon having all			
	the interior angles less than 180.			
	CONCAVE polygon - a			
	polygon having at least one interior angle greater than			
	180 °.			
Deepening	The students will	The students will accomplish	The students will	The students will
Understanding of the Key Idea/Stem	accomplishLearningActivity Sheets # 1 and 2.	Learning Activity Sheet # 4	accomplish Learning Activity Sheet # 5	accomplish Learning Activity Sheet # 7
After/Post-Lesson Pr	oper			
	The teacher will ask the	The teacher will ask the	The teacher will ask the	The teacher will ask the
	students:	students:	students:	students:
	• What is a polygon?	• What is a regular polygon?	• What tool can be used to	• What tool can be
Making	• What are the different	• What is an irregular	draw a triangle?	used to draw
Generalizations and	types of polygons based	polygon?	We can draw a triangle	quadrilaterals?
Abstractions	on the # of sides?	• Is convex always regular?	given what conditions?	In drawing
	• What is the difference	Is concave always irregular?		quadrilaterals, it is
	between a convex and			
	concave polygon?			·



	The students will answer	The students will answer	The students will	The students will
Evaluating Learning	Learning Activity Sheet	Learning Activity Sheet #5	accomplish Learning	accomplish Learning
	#3		Activity Sheet # 6	Activity Sheet # 8
Additional Activities for Application or Remediation (if applicable)	For students who do not score 75% on the assessment, supplementary exercises will be given.	For students who do not score 75% on the assessment, supplementary exercises are included within the activity sheet.	For those learners who do not score 75% on the assessment, extra exercises are available on the activity sheet as further practice.	In case learners do not score 75% on the assessment, an additional exercise is made available on the activity sheet to offer further practice and support.
Remarks	The lesson focuses on Classifying Polygons according to the number of sides, according to convex and non-convex. Other remarks can be noted as the need arises.	The lesson focuses on Regular and Irregular Polygons Other remarks can be noted as the need arises.	The lesson focuses on Drawing Triangles with given side and angle measures using a ruler and protractor. Other remarks can be noted as the need arises	The lesson focuses on Drawing quadrilaterals with given side and angle measures using a ruler and protractor. Other remarks can be noted as the need arises
Reflection				

