



Lesson Exemplar for Mathematics

Quarter 1 Week 3





Lesson Exemplar for Mathematics Grade 7 Quarter 1: Week 3

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MATATAG	School	Grade Level	Grade 7
K to 10 Curriculum	Name of Teacher	Learning Area	Mathematics
Weekly Lesson Log	Teaching Dates and Time	Quarter	1

	DAY 1	DAY 2	DAY 3	DAY 4	
I. CURRICULUM CONTENT	r, standards, and lesso	ON COMPETENCIES			
A. Content Standards	 regular and irregular poly determination of measure 	The learners demonstrate knowledge and understanding of 1. regular and irregular polygons and their features/properties 2. determination of measures of angles and number of sides of polygons.			
B. Performance Standards	By the end of the quarter, the draw, and describe the feat	he learners are able to: ures/properties of, regular a	nd irregular polygons. (MG)		
C. Learning Competencies	The learners deduce the exterior angle and adjacent	relationship between the interior angle of polygon.	The learners determine the number of sides of polygons	measures of angles and the s.	
D. Learning Objectives	 At the end of the lesson the learners will be able to: a) identify the exterior angle and exterior angle of a convex polygon; b) find the relationship between the interior and exterior angle in a convex polygon; and measure angles using protractor. 	At the end of the lesson the learners will be able to: a) identify the relationships between the measures of an exterior angle and its adjacent interior angle of a convex polygon; and b) find the unknown measure of an angle	learners will be able to: a) find the sum of measures of angles of a convex polygon given the number of sides; and	learners will be able to: a) find the sum of measures of exterior angles of a convex	
E. Instructional Design framework feature (s)	Visual Literacy	Technology Literacy, Interactive Communication	Technology Literacy	Problem Solving	
F. 21st Century Skills		Innovative, Ideation,	perience, Empathize Integrative, Inclusive Collaboration, Context		



II. CONTENT	EXTERIOR AND ADJACENT INTERIOR ANGLES OF A CONVEX POLYGON	RELATIONSHIP BETWEEN EXTERIOR ANGLE AND ADJACENT INTERIOR ANGLE OF CONVEX POLYGON	SUM OF MEASURES OF ANGLES AND NUMBER OF SIDES OF CONVEX POLYGON	SUM OF MEASURES OF EXTERIOR ANGLES AND MEASURES OF ANGLES OF CONVEX POLYGON
III. LEARNING RESOURCE	ES			
A. References				
B. Other Learning Resources				
IV. TEACHING AND LEAR	NING PROCEDURES			
Before/Pre-Lesson Proper				
Activating Prior Knowledge	To determine the learners' prior knowledge about the lesson, you may use any of the following activities to be done by small groups or through recitation: a) Use a complex geometric pattern as in the figure below (show a slide deck of the geometric figure). Ask the learners to find as many different polygons as they can. They should name the polygons and give the number of sides and angles. A table for the answers may be provided.	To determine the learners' prior knowledge about the lesson, a simple recall from yesterday's lesson. Learners should - Look around the classroom and find anything that illustrates interior and exterior angles. - Name, draw, and measure the interior and exterior angles of the figure. - Example: trusses F E $DUse GeoGebra todemonstrate how to drawthe figure and how to find$	To determine the learners' prior knowledge about the lesson, use a simple visualization of the concepts learned from the previous discussion. <i>Materials Needed:</i> - bond paper - colored paper - ruler - pencil - paste - pair of scissors <i>Procedure:</i> a) On a colored paper, draw the biggest triangle that you can. b)Cut-out the triangle. c) Mark the three angles of the triangle with curved- dashed lines and name as angle 1, 2, and 3. d)Cut the three angles of	 To determine the learners' prior knowledge about the lesson, use a game-based activity such as first five who can give the correct answer shall be given extra point in the recitation. <i>Find the angle sum or the number of sides given the</i> following: A. Find the angle sum given the number of sides of a polygon. 1) 8 3) 25 5) 42 2) 17 4) 38 B. Find the number of sides given the angle sum of a polygon. 1) 6,120° 2) 11,700° 3) 4,860°



	H R C C C C C C C C C C C C C C C C C C	the measures of the angles. Make sure that the learners know how to use GeoGebra.	the triangle. e) Place the angles altogether to have a common vertex and adjacent angles and paste in a bond paper. Recall the relationship of the measures of an exterior angle and adjacent interior angle in a	
	 b) Use of tangrams to form different types of polygons may be considered. Students learn more if they can manipulate objects. c) Short video clips can also be used. 		 polygon by posing the following questions. 1) What was formed by the two outer sides of the new figure after joining together the three angles? 2) Based on the figure, what is the sum of the measures of the angles of the triangle? Justify. Process the answers and formulate the conclusion 	
			that the sum of the measures of angles of a triangle is 180°.	
Lesson Purpose/Intention	Following the completion of the activity, the teacher will provide an overview of the expected outcomes: a) identify the exterior angle and exterior angle of a convex polygon;	Following the completion of the activity, the teacher will provide an overview of the expected outcomes: a) identify the relationships between the measures of an exterior	Following the completion of the activity, the teacher will provide an overview of the expected outcomes: a) find the sum of measures of angles of a convex polygon given the	Following the completion of the activity, the teacher will provide an overview of the expected outcomes: a) find the sum of measures of external angles of a convex
	b) find the relationship between the	angle and its adjacent interior angle of a convex	number of sides; and b) find the number of	polygon given the number of sides; and



	interior and exterior angle	polygon; and	sides of a convex polygon	b) find the unknown
	in a convex polygon; and	b) find the unknown	given the angle sum.	measure of angles.
	c) measure angles	measure of an angle.	Siven the ungle built.	incusure of angles.
	using protractor.		Specify and emphasize	Specify and emphasize
		Specify and emphasize	that all discussions during	that all discussions during
	Specify and emphasize	that all discussions during	Week 3 pertain only to	Week 3 pertain only to
	that all discussions during	Week 3 pertain only to	convex polygons.	convex polygons.
	Week 3 pertain only to	convex polygons.		
	convex polygons.			
	To facilitate language	0 0	To facilitate language	To facilitate language
	learning, and enhance	learning, and enhance	learning, and enhance	learning, and enhance
	learning experiences, ask	U I	learning experiences, ask	learning experiences, ask
	the learners to identify the	the learners to give words	the learners to describe	the learners to describe
	that describes by the	that are related to each of	the following:	the following:
	following:	the following words:	1) Diagonal	1) Regular polygon
	1) It is an angle formed by	1) convex polygon	2) Angles of a polygon	2) Irregular polygon
	one of the sides of a	2) interior angle	3) Reverse operation	3) External Angle
	polygon and the line	3) exterior angle		4) Equilateral
	extended from the	4) adjacent exterior	Process the answers of the	5) Equiangular
	adjacent (next) side.	angle	learners and correct the	Show each term with a
	2) Two angles with a	5) supplementary	misconception. Post the	picture or an image that
	common side and a	angles	definition/ description of	will give hint to its
Lesson Language Practice	common vertex but no	6) linear pair	each of the given terms.	meaning.
	common interior point.	Use mentimeter to know		
	3) An angle of a polygon	which word is the common	Answers:	Answers:
	with common side and	answer of the learners for	1)Diagonal is a segment	1) Regular polygon is an
	common vertex to a	each of the given words.	connecting any two non-	equilateral and
	given exterior angle of	Use the responses to recall	consecutive vertices of a	equiangular polygon.
	the polygon.	the definition/ description	polygon.	2) Irregular polygon is a
	4) A closed-sided figure	of the words.	2)Angles of a polygon	non-equilateral and
	made up of line		usually refers to the	non-equiangular
	segments in a two-	Answers:	interior angles of the	polygon.
	dimensional plane.	1) A polygon whose	polygon.	3) Exterior angle is an
	5) It is an angle formed by	measures of angles are	Reverse operation means	angle formed by any
	any two consecutive	between 0° and 180°.	the opposite operation, i.e.	two consecutive sides
	sides of a polygon.	2) Interior angle is an	subtraction is the reverse	of a polygon.



 6) It is formed by two adjacent and supplementary angles. 7) Two angles whose sum of measures is 180°. 8) A polygon whose measures of angles are between 0° and 180°. Answers: exterior angle adjacent angles adjacent interior angle polygon interior angle linear pair supplementary convex polygon 	 angle formed by one of the sides of a polygon and the line extended from the next side. 3) Exterior angle is an angle formed by any two consecutive sides of a polygon. 4) Adjacent exterior angle is an angle of a polygon with common side and common vertex to a given exterior angle of the polygon. 5) Supplementary angles are two angles whose sum of measures is 180°. Linear pair is formed by two adjacent and 	of addition, multiplication is the operation of division, or vice-versa.	 4) Equilateral polygon is a polygon with sides of equal length. 5) Equiangular polygon is a polygon with angles of equal measure. Emphasize that any regular polygon is equilateral and equiangular
the illustrations and ask questions as follows.	supplementary angles.		



	Adjacent Exterior and			
	Interior Angles:			
	Pose the following			
	questions and process the			
	answers of the learners.			
	1) Aside from the			
	identified angles from the			
	figure, name other angles			
	or angle pairs. Extend			
	other sides of the polygon			
	to give the proper			
	identification.			
	How is each pair of interior			
	angle and adjacent			
	exterior angle at the same			
	vertex related?			
During/Lesson Proper				
	For concept development,	For concept development,		
	the teacher shall	the teacher shall	the teacher shall	
	demonstrate and explain	demonstrate and explain	demonstrate and explain	demonstrate and explain
	how to use the protractor	on how to use GeoGebra or	on what to do for the next	on how to visualize the sum of measures of
	in measuring angles using the same figure in the	any Dynamic Geometric Software to draw polygons	activity. Procedure:	exterior angle by doing the
	previous activity.	and measure angles.	1) Form groups of five (5).	following activity.
	for the second s		2) For each member of	
	100 III III	Ask the learners to prepare	the group, choose a	1)Draw any convex
Reading the Key	B P TO TO TO TO TO TO TO TO TO	the materials to be used	polygon below.	polygon.
Idea/Stem		for the next activity.	Triangle, pentagon,	2)Draw the lines
			heptagon, nonagon,	containing the sides of
		Materials Needed:	quadrilateral, hexagon,	the polygon.
		Activity sheets, protractor,	octagon, decagon	3)Shade one exterior angle
	Let them nealize that	mobile phone/ computer	3) In a bond paper, draw a	at each vertex.
	there are two exterior angles adjacent to an	or laptop	polygon of your choice.4) Draw all diagonals from	4)Cut out the exterior angles.
	interior angle of a		one vertex of the	
	polygon, but they are		polygon. How many	angles to have a common
	just the same and equal		triangles were formed?	vertex and adjacent



	because of Vertical		Complete the given table	angles.
	Angle Theorem. Hence,	instruction for Activity 1 :		6)What figure was formed
	we only consider one	Relationship of an	activity.	by all the angles joining
	exterior angle that is	Exterior Angle of a		together?
	adjacent to an interior	Polygon and its Adjacent		Ask the learners to prepare
	angle.	Interior Angle. Part A.		their materials and do the
				same activity.
	Remind the learners to	Let them work for Part A of		Materials Needed:
	always bring a protractor	the activity.		- bond paper
	during geometry lessons.			- colored paper
				- ruler
				- pencil
				- paste
				- pair of scissors
				Let the learners to follow
				the same procedure as
				what the teacher did.
	To develop learners'	To develop learners'	To develop learners	To develop learners
	understanding of the key	understanding of the key	understanding of the key	understanding of the key
	ideas presented in the	ideas presented in the	ideas presented in the	ideas presented in the
	previous activity, ask the	previous activity, ask the	previous activity, the	previous activity, the
	learners to work and	learners to group	learners shall be asked to	learners shall be asked to
	discuss by pair or small	themselves by five and	work by group but with	work by group but with
	group on Activity 1 :	work on Part B of Activity	individual task for	individual task for
	Measuring Exterior	1: Relationship of an	Activity 1: Sum of Angles	Activity 1: Sum of
	Angle and Its Adjacent	Exterior Angle of a		Measures of Exterior
Davidania a Uradanatan din a	Interior Angle.	Polygon and its Adjacent		Angles of a Polygon
Developing Understanding	_	Interior Angle.	From their cut outs, let the	
of the Key Idea/Stem	After working on the		students measure all the	Emphasize that the
	activity sheet, do the	After working on the	interior angles of each	number of sides is the
	following:	activity, call on a	polygon.	same as the number of
	Write the answers on	representative from each		vertices, as well as the
	manila paper.	group to present their	Use of GeoGebra or other	number angles.
	Post the output on	work.	math application software	
	respective places of the		to show the precise	Guide the learners to
	room.	Emphasize that the sum of	measures of angles and	formulate the
	Have a gallery walk and	every pair of exterior angle		generalization.
	ask them to give	and adjacent interior angle	show the sum using	
	0		•	



comments and reactions. Process the learners' answers. Let them visualize that an exterior angle and adjacent interior angle of a convex polygon	is 180° since the two angles form a linear pair and so, they are supplementary.	worksheet formula. Move the vertices to show various measurement of angles but the sum remains constant. Guide the learners to	always 180°.
form a linear pair. Hence, they are supplementary.		formulate the generalization based on the data. Flow of suggested discussions are as follow: <i>Finding the angle sum of a</i> <i>convex</i> n -gon The angle sum given the	Process the answers of the learners.
		The angle sum given the number of sides is: $S = (n-2)180^{\circ}$ So, to get the angle sum, we do the following operations/ steps: Decrease the number of sides by 2.	
		Multiply the result by 180°. Give an example on how to use the angle sum to find the unknown measure of an angle in a convex polygon.	
		Example:	



			Solution: Step 1: Find the number of sides of the given polygon. Number n of sides = 5 Step 2: Find the sum S of the measures of angles of polygon. $S = (n - 2)(180^{\circ})$ $= (5 - 2)(180^{\circ})$ $= 3(180^{\circ})$ $= 3(180^{\circ})$ $= 540^{\circ}$ Step 3: Find the sum of the known angle measures. $138^{\circ} + 87^{\circ} + 134^{\circ} + 77^{\circ} =$ 436° Step 4: Subtract the sum of the known angle measures. $x = 540^{\circ} - 436^{\circ}$ $= 104^{\circ}$	
Deepening Understanding of the Key Idea/Stem	To enhance learners' understanding of the concepts, ask them to work independently on Activity 2: Angle Measure Match-Up. Give the correct answers and let the learners to check the papers of one another and discuss their mistake/s. Give immediate feedback to correct any misconception.	To enhance learners' understanding of the concepts, ask them to work independently on Part B of Activity 2: Finding the Missing Measure of an Angle. Give the correct answers and let the learners to check the papers of one another and discuss their mistake/s. Give immediate feedback to correct any misconception.	 the Angle Sum. Process the answers of the learners for the following questions: 1) What pattern did you observe? 	To enhance learners' understanding of the concepts, ask them to work independently on Activity 2: Measures of Angles of Regular Polygons. Recall and emphasize that an exterior angle and adjacent interior angle form a linear pair and the sum of measures is 180°. Hence, to find the measure of each interior angle of a regular polygon, we can do



		 polygon. 3) How is the number of sides and triangles formed related to the sum of the measures of the angles of a polygon Point of discussion to give the formula for <i>finding the number</i> n of sides given the angle sum S of a convex n-gon. Reverse the previous process to get the number n of sides from the angle sum S. Remember that reversing a process means you undo the last thing you did first. Think of putting on socks and shoes. To reverse this, you take off the shoes first then the socks. Begin by undoing #2 above, followed by undoing #1. Recall also that the reverse operation of multiplication is 	 Find the measure of each exterior angle using the formula ^{360°}/_n. Find the measure of each interior angle by subtracting the measure of each exterior angle from 180°. Give the correct answers and let the learners to check the papers of one another and discuss their mistake/s. Give immediate feedback to correct any misconception.
		undoing #1. Recall also that the reverse operation of	



			m1 1 C 11	1
			- The number of sides	
			given the angle sum is	
			$n - \frac{S}{S} + 2$	
			$n = \frac{b}{180^{o}} + 2$	
			Note: Because the	
			students have not yet	
			studied algebraic	
			expressions, the algebraic	
			formula can be skipped,	
			and the operations (#1 and	
			#2) can be used. Although,	
			they have already	
			encountered such	
			formulas in finding areas	
			and perimeters/	
			circumference in	
			elementary school.	
After/Post-Lesson Proper				
	As a concluding part of the	As a concluding part of the	As a concluding part of the	As a concluding part of the
	lesson, based on the	lesson, ask the learners to		lesson, ask the learners
	previous activities, ask the	state their observation on	state the result of the	will form their own
	learners to form their own	the relationship of the	observation regarding the	conclusion by posing the
	generalization by	measures of an exterior	relationship of the	following questions:
	answering the following	angle and adjacent interior	measures of an exterior	1) How do you find the
Making Generalizations and Abstractions	questions.	angle of a polygon. Pose		number of sides of a
	1) What pair of angles is	the following questions:	angle of a polygon. Use the	polygon given the sum of
	formed by an exterior	1)How are the exterior	following to guide the	the measures of its
	angle and adjacent	angle and its adjacent		interior angles? Does it
	interior angle of a	interior angle related?	generalization as follows:	hold to both irregular
	polygon?	2) Make a concluding		polygon? Justify.
	2) What relationship	statement about the	5	2) How can you find the
	exists between an	sum of the measures of	given the number n of	measure of each interior
	exterior angle and	every pair of an exterior	sides of a polygon?	angle and exterior angle
	adjacent interior angle	angle and adjacent	,	of a regular polygon
	of a polygon based on	interior angle of a	finding the number n of	given the sum of the
	the sum of their	convex polygon	sides given the angle	measures of all its
	measures? Why?		sum S ?	angles? Does it also hold



	 Answers: 1) An exterior angle and adjacent interior angle of a polygon form a linear pair. An exterior angle and adjacent interior angle of a polygon are supplementary because they form a linear pair. 	Answers: 1) The exterior angle and its adjacent interior angle of a polygon form a linear pair and so, they are supplementary. The sum of the measures every pair of an exterior angle and adjacent interior	Answers: - The angle sum given the number n of sides is: $S = (n - 2)180^{\circ}$ - The number of sides given the angle sum is $n = \frac{S}{180^{\circ}} + 2$	true to irregular polygon? Given the sum (S) of the measures of all the angles of a regular n-gon, write the formulas for finding the following:(a) number of sides; (b) measure of each interior angle; and (c) measure of each exterior angle.
	To determine the learning outcomes, learners will	angle of a convex polygon is 180 °. To determine the learning outcomes, learners will	To determine the learning outcomes, learners will	To determine the learning outcomes, learners will
Evaluating Learning	answer Activity 3: Let's Measure and Draw! Process the answers of the learners.	answer Activity 3: Let's Apply! Process the answers of the	answer Activity 3: Let's Apply!	answer Activity 3: Let's Apply!
		learners.	learners.	Process the answers of the learners.
Additional Activities for Application or Remediation (if applicable)	For learners who will not be able to reach 75%, Part A of Activity 4: Extra Practice on Exterior and Interior Angles shall be provided for intervention otherwise, Part B as	For learners who will not be able to reach 75%, Part A of Activity 4: Extra Practice on Relationship of the Measures of Exterior Angle and Adjacent Interior Angle	For learners who will not be able to reach 75%, Part A of Activity 4: Extra Practice on the Sum of Measures of Angles of Polygon and Number of Sides shall be provided for	For learners who will not be able to reach 75%, Activity 4: Extra Practice on Number of Sides, Measure of Each Interior Angle, and Exterior Angle of a
	enhancement.	shall be provided for intervention otherwise, Part B as enhancement.	intervention otherwise, Part B as enhancement.	Regular Polygon shall be provided for intervention otherwise, Part B as enhancement.
Remarks	The lesson focuses on the relationships between exterior angle and adjacent interior angle of a convex polygon only.	The lesson focuses on the relationships between measures of an exterior angle and adjacent interior angle of a convex polygon only.	Note: Because the students have not yet studied algebraic expressions, the algebraic formula can be skipped but explained using the	The lesson focuses on the measures of angles and the number of sides of a regular polygon.



	As additional enrichment	ideas of basic operations.	
	task, ask the learners to	Although, they have	
	explore for the relationship	already encountered such	
	of the measures of an	formulas in finding areas	
	exterior angle and	and	
	adjacent interior angle of a	perimeters/circumference	
	non-convex polygon.	in elementary school.	
Reflection			

