



## Lesson Exemplar for Science







## Learning Activity Sheet for Science Grade 7 Quarter 1: Week 6

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MATATAG	School	Grade Level	7
K to 10 Curriculum	Name of Teacher	Learning Area	Science
Weekly Lesson Log	Teaching Dates and Time	Quarter	1 Week 6

	DAY 1	DAY 4							
I. CURRICULUM CONTENT, STANDARDS, AND LESSON COMPETENCIES									
A. Content Standards	Learners learn that there as recording scientific investig	Learners learn that the properties of solutions such as solubility and reaction to litmus determine their use.							
B. Performance Standards	By the end of the Quarter, learners recognize that scientists use models to describe the particle model of matter. They use diagrams and illustrations to explain the motion and arrangement of particles during changes of state. They demonstrate an understanding of the role of solute and solvent in solutions and the factors that affect solubility. They demonstrate skills to plan and conduct a scientific investigation making accurate measurements and using standard units.								
C. Learning Competencies	The learners make accurate quantities and organize the	The learners make accurate measurements using standard units for physical quantities and organize the collected data when carrying out a scientific investigation.							
D. Learning Objectives	At the end of the lesson, the learners shall be able to: a. identify and describe different standard units of measurement (SI) used in different physical quantities; (e.g mass, length, volume, time, temperature); b. familiarize with the different laboratory tools used to measure physical quantities; and	<ul> <li>At the end of the lesson, the learners shall be able to:</li> <li>a. identify appropriate laboratory apparatuses to make accurate measurements of physical quantities;</li> <li>b. measure the physical quantity of different objects; and</li> <li>c. appreciate the use of appropriate laboratory apparatuses.</li> </ul>	<ul> <li>At the end of the lesson, the learners shall be able to:</li> <li>a. group the measurements using the chosen method of organizing data;</li> <li>b. organize data based on the type of physical quantity; and</li> <li>c. cite the significance of organizing data in real-life situations.</li> </ul>	<ul> <li>At the end of the lesson, the learners should be able to:</li> <li>a. identify solute and solvent in a solution;</li> <li>b. differentiate the types of solutions.; and</li> <li>c. demonstrate understanding on the importance of solutions to humans.</li> </ul>					



	c. realize the importance of using standard units of measurement.			
E. Instructional Design Framework	Context Connection Ideational	Collaboration Context Connection Ideational	Collaboration Context Connection Ideational	Context Connection Ideational
F. 21 <sup>st</sup> Century Skills	Reflective thinking Critical thinking	Reflective thinking Critical thinking Informed decision making	Reflective thinking Critical thinking	Reflective thinking Critical thinking
II. CONTENT	Planning, Following, and Recording Scientific Investigations: <b>Different</b> <b>Standards of Units.</b> <b>Different Laboratory</b> <b>Tools Used to Gather</b> <b>Physical Quantities.</b>	Planning, Following, and Recording Scientific Investigations- <b>Physical</b> Quantities. Making accurate measurement using laboratory apparatus	Planning, following, and recording scientific investigations- <b>Methods of</b> <b>Organizing Data based on</b> <b>the type of Physical</b> <b>Quantity</b>	Solutions and Types of Solutions
III. LEARNING RESOU	RCES			
A. References	Gupta, S. V. (2010). Units of Measurement: Past, Present and Future. International System of Units. Germany: Springer Berlin Heidelberg. Pp 47- 65 Gadd, K. (2003). Applied Science. United Kingdom: Nelson Thornes Limited. pp24-27	Gupta, S. V. (2010). Units of Measurement: Past, Present and Future. International System of Units. Germany: Springer Berlin Heidelberg. Pp 47- 65 Furgang, K. (2010). Using Math in Science. United States: Benchmark Education Company. pp10-11	Gupta, S. V. (2010). Units of Measurement: Past, Present and Future. International System of Units. Germany: Springer Berlin Heidelberg. Pp 47-65	Chemistry: Exploring Life Through Science Second Edition pp: 47-48
B. Other Learning Resources				Science 7 Learning Module 7 Quarter 1 Week https://www.youtube.com /watch?v=k9NTbjgIcF0&t= 360s



				OpenAI.(2024). <i>The Magical</i> <i>Mix-Up: A Tale of Solutions</i> Retrieved from ChatGPT
IV. TEACHING AND LE	ARNING PROCEDURES			
Before/Pre-Lesson Pro	per	1		_
Activating Prior Knowledge	<ul> <li>Present this scenario to the class:</li> <li>Diego is a "plantito" who loves to grow different kinds of fruits and vegetables. One of his plants bears a very long fruit called sponge gourd (patola). In his excitement, he wants to know how long it becomes by measuring using his hands.</li> <li><b>Guide Questions:</b></li> <li>1. Do you think Diego's idea of measurement is correct?</li> <li>2. Will his measurement be accurate?</li> <li>3. What tool can you suggest to accurately measure the sponge gourd?</li> </ul>	Let the learners read each scenario and then complete the given table. Scenario #1: Anthony's teacher instructed him to measure the window's length and purchase a new curtain rod and curtains for their classroom to reduce the amount of sunlight that enters directly and distracts his classmates. What measuring tool should he need to use? Scenario #2: Joy and Ana are classmates. They are doing science experiments in which they need two different rocks that can be found in their surroundings. They want to first weigh the rocks to compare their mass. What measuring tool should he need to use? Scenario #3: Allan is a dedicated athlete. To keep his body in a healthy state	Let's recall         Let the learners read the scenario and fill in the table with necessary data.         Scenario#1 Darren's teacher instructed him to measure the cabinet's length, width, and height for the classroom in order to reduce the quantity of clutter in the classroom.         Scenario #2 Via is a chemist. Water is one of the components for the research she is working on solutions. Next, she wants to calculate how much water she will need to create a solution. What measuring device does she need?         Physical Quantity Unit Measuring to be the constructed of the constructed of the component.	Let's recall Present the following pictures to the class and let them classify the materials as to homogeneous or heterogeneous mixtures. 1. $\boxed{0}$



	Q				
and to assess how far he		mple An	iswers:		Answers:
can run each day, he	P	Physical	Unit	Measuring	1. heterogeneous
makes sure to run every	Q	Quantity	ome	tools	2. heterogeneous
morning. He even keeps	1	(1 . 1/1			3. homogeneous
track of the time it takes	heig	gth, wiath, ght	meter/ centimeter	meter stick, measuring	4 homogenous
him to cover a given				tape	5 homogenous
distance. What macauring					5. nomogenous
distance. What measuring	voli	ите	milliliter/	graduated	
tool should he need to			cubic centimeter	cylinder	
use?					
Scenario #4: Bianca is a					
chemistry student. Water					
is one of the components					
for the research she is					
working on solutions She					
wants to calculate how					
much water she will need					
much water she will need					
to create a solution. What					
kind of measuring device					
is required to use?					
Scenario #5: Kristoff was					
active in his first subject					
class when suddenly he					
experienced a headache					
and dizziness. He noticed					
that his hody was getting					
hot and quickly alerted his					
teacher His teacher					
promptly called his					
parents and brought him					
to the clinic to rest. What					
measuring tool is needed					
to measure Kristoff's body					
temperature?					



	Scenarios	Physical	Uni	Meas
		Quantity	t	uring
				tools
So	Scenario			
#1	#1:			
Ar	Anthony			
	-			
So	Scenario			
#2	#2: Joy			
ar	and Ana			
Se	Scenario			
#3	#3: Allan			
Science	Scenario			
#4	#4: Bianca			
<i>π</i> -	#4. Dianca			
	Seconorio			
50	Scenano			
#5	#5:			
Kr	Kristoff			
Sa	Sample A	Inswer	s:	
	Scenarios	Phueic	 Unit	Ме
	Scenarios	rigsic	onn	me
		ui Ovanti		us
		Quanti		uri
		ty		ng
				too
				ls
Sa	Scenario #1:	length	m	meter
	Scenario #1: Anthony	length	m	meter stick,
Sc Ar	Scenario #1: Anthony	length	m	meter stick, tane
Sc Ar	Scenario #1: Anthony	length	m	meter stick, tape
	Scenario #1: Anthony	length	m	meter stick, tape meas
	Scenario #1: Anthony	length	m	meter stick, tape meas ure
	Scenario #1: Anthony	length	m	meter stick, tape meas ure
	Scenario #1: Anthony Scenario #2:	length mass	m kg	meter stick, tape meas ure triple
	Scenario #1: Anthony Scenario #2: Joy and Ana	length mass	m kg	meter stick, tape meas ure triple beam
Sc Ar	Scenario #1: Anthony Scenario #2: Joy and Ana	length mass	m kg	meter stick, tape meas ure triple beam balan
Se Ar	Scenario #1: Anthony Scenario #2: Joy and Ana	length mass	m kg	meter stick, tape meas ure triple beam balan ce,
Sc Jo	Scenario #1: Anthony Scenario #2: Joy and Ana	length mass	m kg	meter stick, tape meas ure triple beam balan ce, platfo
Sc Ar	Scenario #1: Anthony Scenario #2: Joy and Ana	length mass	m kg	meter stick, tape meas ure triple beam balan ce, platfo rm
	Scenario #1: Anthony Scenario #2: Joy and Ana	length mass	m kg	meter stick, tape meas ure triple beam balan ce, platfo rm balan
Sc Ar	Scenario #1: Anthony Scenario #2: Joy and Ana	length mass	m kg	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce
Sc Jo	Scenario #1: Anthony Scenario #2: Joy and Ana	length mass	m kg	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce
	Scenario #1: Anthony Scenario #2: Joy and Ana	length mass	m kg	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce
	Scenario # 1: Anthony Scenario #2: Joy and Ana Scenario #3:	length mass time	m kg s	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce Stop
Sc Ar	Scenario # 1: Anthony Scenario #2: Joy and Ana Scenario #3: Allan	length mass time	m kg s	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce Stop watc
Sc Ar	Scenario #1: Anthony Scenario #2: Joy and Ana Scenario #3: Allan	length mass time	m kg s	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce Stop watc h
Sc Ar Jo	Scenario # 1: Anthony Scenario #2: Joy and Ana Scenario #3: Allan	length mass time	m kg s	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce Stop watc h
Sc Ar Sc Jo Sc Al	Scenario # 1: Anthony Scenario #2: Joy and Ana Scenario #3: Allan Scenario #4:	length mass time volume	m kg s mL	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce Stop watc h
Sc Ar Sc Jo Sc Jo Sc Al Sc Al	Scenario #1: Anthony Scenario #2: Joy and Ana Scenario #3: Allan Scenario #4: Bianca	length mass time volume	m kg s mL	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce Stop watc h grad uated
Sc Ar	Scenario # 1: Anthony Scenario #2: Joy and Ana Scenario #3: Allan Scenario #4: Bianca	length mass time volume	m kg s mL cm <sup>3</sup>	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce Stop watc h grad uated cylind
Sc Ar Jo Sc Jo Sc Al Sc Bi	Scenario # 1: Anthony Scenario #2: Joy and Ana Scenario #3: Allan Scenario #4: Bianca	length mass time volume	m kg s mL cm <sup>3</sup>	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce Stop watc h grad uated cylind er
Sc Ar Sc Jo Sc Al Sc Al	Scenario # 1: Anthony Scenario #2: Joy and Ana Scenario #3: Allan Scenario #4: Bianca	length mass time volume	m kg s mL cm <sup>3</sup>	meter stick, tape meas ure triple beam balan ce platfo rm balan ce Stop watc h grad uated cylind er
Sc Ar	Scenario # 1: Anthony Scenario # 2: Joy and Ana Scenario # 3: Allan Scenario # 4: Bianca Scenario # 5:	length mass time volume	m kg s mL cm <sup>3</sup> °C	meter stick, tape meas ure triple beam balam ce, platfo rm balam ce Stop watc h grad uated cylind er Ther
Sc Ar	Scenario # 1: Anthony Scenario # 2: Joy and Ana Scenario # 3: Allan Scenario # 4: Bianca Scenario # 5: Kristoff	length mass time volume temper ature	m kg s mL cm <sup>3</sup> °C	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce Stop watc h grad uated cylina er Ther mome
Sc Ar	Scenario # 1: Anthony Scenario #2: Joy and Ana Scenario #3: Allan Scenario #4: Bianca Scenario #5: Kristoff	length mass time volume temper ature	m kg s mL cm <sup>3</sup> °C	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce gradfo uated cylind er Ther mome ter
Sc Ar Sc Jo Sc Al Sc Bi	Scenario # 1: Anthony Scenario # 2: Joy and Ana Scenario # 3: Allan Scenario # 4: Bianca Scenario # 5: Kristoff	length mass time volume temper ature	m kg s mL cm <sup>3</sup> °C	meter stick, tape meas ure triple beam balan ce, platfo rm balan ce Stop watc h grad uated cylind er Ther mome ter



	The teacher will ask the learners to share their thoughts about the answers to the questions below: Which is heavier, one kilogram of nail or one kilogram of cotton? Why do you think so?	The teacher will solicit the ideas of the learners on the lesson of the day based on what is presented in the previous activity on analyzing scenarios. "From your answers in the different scenarios, what have you realized?"	Present and explain the lesson objectives to the learners. to identify the physical quantities to be measured and collected. to select an appropriate data organization method based on the nature of the	<ul> <li>Present and explain the lesson objectives to the learners by letting them read the statements altogether.</li> <li>identify solute and solvent in a solution;</li> <li>describe the appearance of different types of solutions</li> </ul>
Lesson Purpose/Intention	1 kilogram of nail1 kilogram of cottonAfter soliciting answers, present the learning objectives.	After soliciting answers from the learners, the teacher will direct them to the learning intentions for the day.	measurements. to display data organization by means of labeling and presenting measurements.	and cite the significance of classifying solutions in real-life situations.
Lesson Language Practice	Let the learners match the letter of a physical quantity that can be measured with the objects given below. Let them write the answer in the space provided. A. mass B. temperature C. length D. volume	Present the following words to the learners along with their meanings. Prompt the learners to construct sentences using these words that illustrate their meanings in both scientific contexts and everyday situations. 1. duration - the length of time during which	The teacher will set the class to play a game of 4 pics 1 word, and the students will guess the word related to 4 pictures presented in each set.	Let the learners unlock the meaning of the underlined words in the sentences below using context clues. 1. When you add sugar to water, the sugar <u>dissolves</u> completely, creating a sweet <u>solution</u> . 2. When you add food coloring to a glass of water.



1. 2. 3. 4. Ansu 1. D 2. A 3. B 4. C	<ul> <li>the space occupied by an object.</li> <li>the amount of matter or substance that makes up an object</li> <li>the degree of hotness or coldness of an object</li> <li>the measurement which identifies the distance between two points</li> </ul>	<ul> <li>exists.</li> <li>2. magnitude - the size or extent of a physical quantity, such as length, time, or strength.</li> <li>3. accurate - correct; without error; closely matching a standard or expected value.</li> <li>4. precise - exact, being very detailed and clear in terms of measurement</li> <li>Possible Answers:</li> <li>1. The <u>duration</u> of the experiment was two hours, during which we monitored the reaction. The <u>duration</u> of the movie was longer than expected, but it was really enjoyable.</li> </ul>	JeanBEATL (table)JeanJeanJeanIPE HARPG (pie graph)Jean <t< th=""><th>Image: Second second</th><th><ul> <li><u>solvent</u> that spreads the color evenly, creating a <u>homogeneous</u> appearance.</li> <li>3. When you mix salt into water, the salt acts as the <u>solute</u> and disappears into the liquid.</li> <li><i>Sample Answers:</i></li> <li><i>dissolves – to mix so well</i> with another substances that it becomes no longer visible.</li> <li><i>solution - is a mixture</i> where one substance is completely dissolved in another substance.</li> <li><i>solvent – it is a liquid that</i> can dissolve other substances homogenous – uniform in</li> </ul></th></t<>	Image: Second	<ul> <li><u>solvent</u> that spreads the color evenly, creating a <u>homogeneous</u> appearance.</li> <li>3. When you mix salt into water, the salt acts as the <u>solute</u> and disappears into the liquid.</li> <li><i>Sample Answers:</i></li> <li><i>dissolves – to mix so well</i> with another substances that it becomes no longer visible.</li> <li><i>solution - is a mixture</i> where one substance is completely dissolved in another substance.</li> <li><i>solvent – it is a liquid that</i> can dissolve other substances homogenous – uniform in</li> </ul>
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		3. The thermometer gave		
		an <u>accurate</u> reading of 25		
		degrees Celsius, which		
		matched the temperature		
		outside.		
		The map was <u>accurate</u> ,		
		showing the correct path to		
		the museum		
		4. The scientist conducted		
		the experiment with <u>precise</u>		
		measurements, ensuring		
		each sample was weighed		
		to the nearest milligram.		
		The tailor took <u>precise</u>		
		measurements to make		
		sure the suit fit him		
		perfectly for the wedding.		
<b>During/Lesson Proper</b>				
	The learners will be asked	Let the learners read the	The learners will read the	The learners will read the
	to read the passage about	text below.	passage about data	story below, and answer
	the history of		gathering and shall answer	the provided guide
	measurement below:	Measuring Physical	a set of guide questions.	questions.
		Quantities		
	Ancient Measurement		Data Organization	Magic in the Lab
	Systems: From	How far is your school		
	Egypt to Rome	from your home? How	Scientists collect and	Team Magic Mixers,
Reading the Key		much is the table heavier	record data during their	consisting of Emma and
Idea/Stem	Once upon a time,	than the chair? How much	work. They represent this	Alex, decided to experiment
	ancient civilizations	more water can be filled in	data in many formats, such	with powders and liquids to
	needed ways to measure	a jug than that in a glass?	as tables, narrative notes,	create a sparkling potion.
	the world around them. In	How long is the duration	graphs, or diagrams. Data	Team Liquid Wizards, led
	Egypt, people used the	of a day? Such questions	can be recorded in different	by Ryan, opted for mixing
	cubit, the length from an	can be answered only	ways depending on the type	colorful liquids to concoct a
	elbow to a fingertip, to	when you are able to	of investigation and what	mesmerizing solution. As
	build their magnificent	measure the physical	the scientist is trying to	they began their



Mesopotamia, a society	quantities like length,	data are organized is	experiments, the classroom
thriving on trade used a	mass, time, volume, etc.	important when	buzzed with excitement.
system based on the		interpreting and drawing	
number 60, influencing	The quantities which	conclusions from the data.	Enter Team Gas Gurus,
how we measure time	can be measured are		the third team led by the
today.	called physical quantities.	A data table is one type of	clever and mischievous
	Length, mass, time,	graphic organizer used	twins, Lily and Leo. While
In the Indus Valley,	volume, etc., are examples	frequently in science. It is	others were engrossed in
traders used uniform	of physical quantities.	used especially during	their potions and mixtures,
weights and measures,	These quantities share two	laboratory experiments	Lily and Leo had a plan
suggesting a central	key aspects: their	when qualitative and /or	involving magical gases.
authority. As civilizations	magnitude, which	quantitative data are	They gathered a selection
grew, the Greeks and	describes their size, and	qualitiative vala are	of enchanted gases and set
Romans refined these	the unit used for	collected. Data tables are	out to create a bubbly elixir
early systems. The Greeks	measurement. For	not randomly constructed.	that would dazzle everyone.
introduced units like the	instance, if a table's length	They have at least two	
foot and Stadion, while the	measures 80 cm, '80'	columns or rows, and	The teams encountered
Romans standardized	represents its magnitude,	specific data is entered in	challenges along the way.
measurements across	and 'cm' denotes the unit	each column/row. To	Emma and Alex discovered
their empire with units	of measurement."	design a data table, you	that not all powders
like the mile and pound.		must know what the	dissolved easily, while
During the Middle Ages,	Measuring instruments	independent and dependent	Ryan's team struggled to
measurement units varied	are used to measure	variables are.	find the right proportions
widely across Europe.	various physical quantities		for their liquid mixture. Lily
However, the Magna Carta	such as length, mass,	Imagine vou are	and Leo faced the tricky
in England called for	time, volume, etc. These	and usting on amonimost	nature of gases but with
uniformity, leading to the	measuring instruments	to toat how air experiment	their ingenuity, they
yard, foot, and inch we	make accurate	to test now air pressure	managed to capture the
recognize today. This	measurements to measure	anects the boiling point of	magic in their elixir.
system was essential for	a specific physical	water. Here's how you	
trade and construction in	quantity that is used in	might design a data table:	After hours of brewing
a developing society.	scientific investigation.		and stirring, the teams
		Pressure (kPa) Boiling point of water (°C)	proudly presented their
The chaos of pre-		80 95 90 97	magical solutions to
revolutionary France's		<u> </u>	Professor Alchemistus.
measurements led to the		110 103 120 105	Team Magic Mixers
birth of the metric system			unveiled a shimmering
in 1795. The meter was			potion that changed colors



defined as one tenmillionth of the distance from the equator to the North Pole, simplifying and unifying measurements.

In 1960, the International System of Units (SI) was established, further standardizing measurements globally. The meter, kilogram, and second became universal and essential for science, technology, and daily life. By 2019, even the kilogram's definition evolved, linking it to the Planck constant, moving away from physical artifacts.

From the ancient cubit to the modern meter, the journey of standard units of measurement reflects humanity's pursuit of precision and fairness, making our complex world a bit simpler and more connected.

The basic SI (International System) units of measurement include the following:





In this data table, there are two columns labeled "pressure (kPa)" and "boiling point of water (°C)." Each column has specific data entered.

The air pressure (in kPa) is the independent variable because it is deliberately changed or controlled in the experiment. The data is placed in the first column.

On the other hand, boiling point of water (in °C) is the dependent variable because it depends on the pressure you set. The data is placed on the second column.

Using graphs and charts is another way of organizing data. Data is visually represented using graphs or charts such as bar charts, pie charts, or line graphs. Graphs or charts provide a visual representation of data trends and patterns.

The line graph below represents the data presented in the data table below with each swirl. Team Liquid Wizards showcased a vibrant mixture that seemed to dance in the flask, and Team Gas Gurus presented a fizzing elixir that released captivating bubbles.

Professor Alchemistus was delighted. "Now, my young alchemists, you have successfully explored three typoes of solutions: solid in liquid, liquid in liquid, and gas in liquid. Each solution is a magical blend of different substances."

As the students marveled at their creations, Professor Alchemistus revealed that understanding solutions was like unlocking the secrets of magical potions in Chemlandia. The students left the Potion Laboratory that day, not only with a deeper knowledge of solutions but also with a sense of wonder about the magical world of chemistry.

And so, in the land of Chemlandia, the students continued their journey of discovery, applying the



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Physical Quantity	Unit of Measure	Symbol		lessons learned from their
mass	kilogram	kg	Effect of Air Pressure to Boiling Point of Water	the musteries of enchanted
length	meter	m	0 0	realm of chemistry.
volume	cubic meter	m <sup>3</sup>	b) tio d guilt 60	
time	second	s	₿ <sub>20</sub>	
temperature	Kelvin	K	0 90 100 110 120 130 Air pressure (kPa))	
Question 1. What all at 2. What did th to the	s: t is the p bout? t contrib he Greel e develo	bassage butions ks make pment of	The air pressure (independent variable) is placed on the x axis while the boiling point of water (dependent variable is placed on the y-axis). The	
meas 3. How stand meas their	suremen did the dardize suremen empire?	t units? Romans ts across	line graph shows that as the air pressure increases, the boiling point of water also increases.	
4. How estab Inter of Ur contr stand	did the olishmer national nits (SI) i ribute to dardizat	nt of the System in 1960 global ion?	Data is organized also as a simple list of items called list format. It is easy to create and understand and suitable for unordered or sequential data.	
5. What some by ar civiliz stand meas	t might l challen ncient zations i lardizing	have been ages faced in g units of t?		
6. In wh stand meas facili	nat ways dardized suremen tate inte	s do units of t ernational		



trade and scientific		
collaboration?		
Sample Answers:		
1. The passage talks about		
how measurement units		
have changed and		
developed over time, from		
ancient times to the		
present-day International		
System of Units (SI). It		
tells how different		
societies created and		
standardized		
measurements to help		
with building, trading,		
and scientific progress.		
2. The Greeks introduced		
units like the foot and the		
Stadion, which were		
used for measuring		
distances and		
contributed to the		
refinement of early		
measurement systems.		
3. The Romans		
standardized		
measurements across		
their empire by		
introducing and enforcing		
units such as the mile		
and pound, which		
ensured uniformity and		
consistency in trade and		
construction throughout		
their vast territories.		



<i>4. The establishment of the</i>	2	
International System of		
Units (SI) in 1960		
provided a universal and		
standardized system of		
measurement, with units		
like the meter, kilogram,		
and second becoming		
essential for science,		
technology, and daily life	2.	
This facilitated consisten	t	
and accurate		
measurements globally.		
5. Challenges faced by		
ancient civilizations in		
standardizing units of		
measurement likely		
included regional		
variations, lack of centra	1	
authority, difficulties in		
communication and trade	2	
between different		
regions, and the reliance		
on physical artifacts		
which could vary or be		
lost.		
6. Standardized units of		
measurement facilitate		
international trade by		
ensuring that goods are		
measured and quantified	1	
consistently, reducing		
misunderstandings and		
errors. In scientific		
collaboration, they enabl	e	
researchers from		
different parts of the		
world to share and		



	compare data accurately, enhancing cooperation and the advancement of knowledge.			
Developing Understanding of the Key Idea/Stem	The teacher will show an illustration with a short story to the class, and let the learners share their ideas based on the provided guide questions. A group of friends were having lunch at the park. As they ate, one of them served water into each glass. Out of curiosity, one of them asked how they could know if each glass had the same amount or quantity of water. 1. What is the best way to measure the quantity of water? 2. What instruments found in the laboratory can be used to measure the amount or quantity of	<ul> <li>Each group will be given the materials needed to perform the actual measurement in each station. Once done with the first, they will proceed to the next until they have completed all stations.</li> <li>Station #1: Measure the length of the board in meters.</li> <li>Station #2: Measure the mass of a book in kilogram.</li> <li>Station #3: Measure the volume of the water in liters.</li> <li>Station #4: Measure the temperature of the hot water in degrees Celsius. Be careful in handling the hot water.</li> <li>Station #5: Measure the time it takes for a group mate to walk from one</li> </ul>	<ul> <li>Guide questions: <ol> <li>What are the different</li> <li>ways in which scientists</li> <li>represent their data?</li> </ol> </li> <li>When are the data tables commonly used in science?</li> <li>What do you need when constructing a data table?</li> <li>Why is it important to know the independent and dependent variables when designing a data table?</li> <li>Why is the organization of data important before interpreting and drawing conclusions?</li> <li>Sample Answers: <ol> <li>Scientists use tables, narrative notes, graphs (such as bar charts, pie charts, line graphs),</li> </ol> </li> </ul>	<ul> <li>Guide questions: <ol> <li>Describe the solutions prepared by each team of students. <ul> <li>a. Team Magic Mixers</li> <li>b. Team Liquid Wizards</li> <li>c. Team Gas Gurus</li> </ul> </li> <li>2. What components were present in the solutions that they prepared? What do you call each component?</li> <li>3. What are the three types of solutions prepared by the three teams?</li> </ol></li></ul>
	liquids?	corner of the classroom to the opposite end.	representing their data.	



Sample Answers:

1. The best way to measure the quantity of water in the glasses is to use a graduated cylinder or a measuring cup to ensure each glass contains the same volume of water.

2. Instruments commonly found in a laboratory that can be used to measure the amount or quantity of liquids include graduated cylinders, volumetric flasks, pipettes, burettes, and beakers.

Scen ario	Trial 1	Trial 2	Trial 3	Aver age
Stati on #1				
Stati on #2				
Stati on #3				
Stati on #4				
Stati on #5				

Note: The teacher will demonstrate or guide learners on how to properly use the measuring instruments involved. 2. Data tables are frequently used in science during laboratory experiments to collect qualitative and / or quantitative data.

3. When you are constructing a table you need to identify the dependent and independent variables.

4. Knowing the independent and dependent variables is important when designing a data table because it allows you to organize and record data systematically, ensuring clarity in how changes in the independent variable affect the dependent variable. This organization is important for accurate data analysis and interpretation.
5. Organization of data facilitates clear

facilitates clear understanding and analysis of data, enables comparisons and identification of patterns and supports accurate interpretations and conclusions.







The learn	ners w	rill cla	assify	r,	6. What is the importance of measuring tools in	Processing questions:	5. brass (contains 67%copper	solid in solid	Zinc	Copper
devices b names u quantitie	by write nder t s they below	ting t the pl mea	heir hysica asure	al in	scientific investigation?	1. What variables did you include in the data table to effectively organize Juan's experiment's results?	6. dental amalgam (contains 3% mercury and 74% silver)	liquid in solid	Mercury	Silver
quantitiethe tablePhysicalQuantityUnit ofMeasure <th< td=""><td>es they below massing massing massing massing massing massing most of massing most of s it imported the part lid you ate to quant the part most of s of most of the part most of the part most of the part of the part of the part of the part of the part of the</td><td>y mea y. vol vol vol vol vol vol vol e ons: a ider ols fo given tities? u ide each tity? of the a find whic? difficu portat</td><td>asure tim e tim e tim e tor n ? entify remer tor n ? entify remer tor ant to ts of</td><td>in tem pera ture ture</td><td><ul> <li>7. Which of the stations did you find easiest to accomplish?</li> <li>Sample Answers:</li> <li>1. The length of the board can be measured using a ruler or a measuring tape. Other measuring tools include meter sticks.</li> <li>2. The mass of a book can be measured using a balance or a weighing scale. Other tools include a triple beam balance and an electronic scale for more precise measurements.</li> <li>3. The volume of the water can be measured using a graduated cylinder or a measuring cup. Other tools include pipettes, burettes, and volumetric flasks for more precise measurements.</li> </ul></td><td>effectively organize Juan's experiment's results? Sample Answer: The data table include columns for each salt concentration (0%, 10%, 20%, 30%), rows for each trial (Trial 1, Trial 2, Trial 3), and a column to record the time it took for each solution to cool to 3 degrees Celsius. 2. How might organizing data into a clear and structured format, such as a data table, benefit scientists like Juan in analyzing and interpreting the results of experiments? Sample Answer: It allows scientists to clearly document and record experimental results, including variables like salt concentrations and cooling times in Juan's experiment. This organized format helps in identifying trends and</td><td>(contains 3% mercury and 74% silver)         NOTE:       T         supply m solute an are not fastudents.         discussion afterward         Follow-u         Give examples that you         Be sure to the approbelow.         Materials       T         2.         3.</td><td>solid The tea ore ex- d solver umilia: Furti- ns with p act: p act: p p act: printer printe</td><td>acher v kample vent wh r to the her ll be do ivity: of solu nd at h e colum</td><td>vill s of nich me ne tions nome. t in nns</td></th<>	es they below massing massing massing massing massing massing most of massing most of s it imported the part lid you ate to quant the part most of s of most of the part most of the part most of the part of the part of the part of the part of the	y mea y. vol vol vol vol vol vol vol e ons: a ider ols fo given tities? u ide each tity? of the a find whic? difficu portat	asure tim e tim e tim e tor n ? entify remer tor n ? entify remer tor ant to ts of	in tem pera ture ture	<ul> <li>7. Which of the stations did you find easiest to accomplish?</li> <li>Sample Answers:</li> <li>1. The length of the board can be measured using a ruler or a measuring tape. Other measuring tools include meter sticks.</li> <li>2. The mass of a book can be measured using a balance or a weighing scale. Other tools include a triple beam balance and an electronic scale for more precise measurements.</li> <li>3. The volume of the water can be measured using a graduated cylinder or a measuring cup. Other tools include pipettes, burettes, and volumetric flasks for more precise measurements.</li> </ul>	effectively organize Juan's experiment's results? Sample Answer: The data table include columns for each salt concentration (0%, 10%, 20%, 30%), rows for each trial (Trial 1, Trial 2, Trial 3), and a column to record the time it took for each solution to cool to 3 degrees Celsius. 2. How might organizing data into a clear and structured format, such as a data table, benefit scientists like Juan in analyzing and interpreting the results of experiments? Sample Answer: It allows scientists to clearly document and record experimental results, including variables like salt concentrations and cooling times in Juan's experiment. This organized format helps in identifying trends and	(contains 3% mercury and 74% silver)         NOTE:       T         supply m solute an are not fastudents.         discussion afterward         Follow-u         Give examples that you         Be sure to the approbelow.         Materials       T         2.         3.	solid The tea ore ex- d solver umilia: Furti- ns with p act: p act: p p act: printer printe	acher v kample vent wh r to the her ll be do ivity: of solu nd at h e colum	vill s of nich me ne tions nome. t in nns
measurin	ng obj	ects?	)			trials and conditions.				



Answers:	4 The temperature of the	
Answers.	A. The temperature of the	
	noi waier can be measurea	
mass	using a thermometer.	
unit of measure: kilogram		
(kg)	5. Time can be measured	
measuring devices:	using a stopwatch or a	
electronic balance	clock.	
• triple beam balance		
1	6. Measurina tools are	
lenath	important in scientific	
unit of measure: meter (m)	investigations because	
maguring devices:	they provide accurate and	
medsuring devices.	provise data which is	
	precise unit, which is	
<ul> <li>measuring tape</li> </ul>		
	reliable conclusions and	
volume	comparisons.	
unit of measure: milliliter		
(mL)		
measuring devices:		
• beaker		
<ul> <li>graduated cylinder</li> </ul>		
C C		
time		
unit of measure: second (s)		
measuring devices:		
<ul> <li>digital clock</li> </ul>		
<ul> <li>algital clock</li> <li>stop watch</li> </ul>		
• stop watch		
toman anatima		
<u>temperature</u>		
unit of measure: Celsius		
(°C)		
measuring devices:		
<ul> <li>digital thermometer</li> </ul>		
<ul> <li>laboratory</li> </ul>		
thermometer		
Note: Other units of		
measure for each physical		



	quantity may also be			
	mentioned/included.			
	Some of the units are not in			
	SI units but are commonly			
	used in practice.			
After/Post-Lesson Pro	oper			
	Pocket of Thoughts	Analyze each sentence and	The learners will be given a	The learners will be given
		tell whether it is True or	strip of paper to write their	strips of paper to write
	The teacher will give each	False. If false, state the	significant learning in one	down their most significant
	learner a piece of paper to	correct word for the	sentence.	learning and learning
	write down what they	underlined word.		difficulties about the
	learned from the lesson.	1. To measure the	Afterwards, the strips of	lesson. The paper will be
	They will also answer this	volume of a liquid	paper will be collected and	collected, and the teacher
	question:	using a graduated	the teacher will ask a	will choose 5 strips
		cylinder, the eye	learner to pick 5 strips	randomly. The strips
	"Imagine a day of your life	should be kept on the	randomly and read them	chosen will be recited by a
	without standard units of	level with the <u>top of</u>	aloud in class.	learner.
	measurement. How would	the meniscus.		
	it affect your daily	2. It is important to		
	activities and routines?"	calibrate the balance		
Makina		to <u>zero</u> before		
Generalizations and	Students will then place	measuring the mass of		
Abstractions	their papers into a bag.	an object.		
		3. A stopwatch should be		
		started and stopped by		
	POCKET OF THOUGHTS	the same person to		
		maintain consistency.		
		4. The <u>precision</u> of an		
		determined by the		
		determined by the		
		smallest division it can		
	The teacher will randomly	5 When using a ruler		
	pick some answers and	measuring tape or		
	read them aloud in class	meter stick, you		
		should always start		
		measuring from the 1		
		<u>cm</u> mark.		



		Answers: 1. lower meniscus 2. True 3. True 4. True 5. 0 cm		
Evaluating Learning	<ul> <li>Let the learners answer the following questions by writing the letter of the correct answer in their answer sheets.</li> <li>1. Which of the following is <b>NOT</b> a definition of measurement? Measurement is</li> <li>A. how close a given set of measurements is true to its value.</li> <li>B. a technique in which the properties of an object are determined.</li> <li>C. a process of determining how large or small a physical quantity is.</li> <li>D. the process of associating numbers with physical quantities and phenomena.</li> <li>2. Which best describes the importance of using standard units of measurement?</li> </ul>	Let the learners organize the following steps in the correct order for the proper handling of a beam balance. Put the rear weights in the notches. (4) Assemble the pan in the top-notch. (2) Zero out the balance. (3) Clean the pan. (1) Make sure you only have two decimal places in your answer. (7) Place the object in the center of the pan. (5) Balance out the object using all three weights. (6)	Let the learners answer the following multiple-choice questions by writing the letter of the correct answer. <i>For items 1- 3. Read the</i> <i>passage:</i> Sally was in the laboratory. She was experimenting with the types of solutions using sugar and water. She used 3 graduated cylinders and a weighing scale for the amount of sugar in her experiment. Her first measurement was 100 grams of sugar dissolved in 100 ml of water. The second measurement was 200 grams of sugar dissolved in 100 ml of water, and lastly, the third measurement was 400 grams of sugar dissolved in 100 ml of water.	Let the learners answer the following multiple-choice questions by writing the letter of the correct answer. 1. What does the term "solvent" mean in a solution? A. A gaseous component B. A type of solid particle C. The substance being dissolved D. The substance doing the dissolving 2. A solution is made by dissolving some salt in a beaker of water. The salt is referred to as the: A. solute B. filtrate C. solvent D. solution 3. Which among the following is an example of a solid solution? A. copper dissolved in gold B. alcohol dissolved in water



A. It ensures accurate and reproducible results	A. graduated cylinders and a weighing scale	C. sugar dissolved in water
B It makes experiments	B beakers and a	D salt dissolved in water
harder to understand	microscope	
C. It creates confusion in	C. test tubes and a Bunsen	4. A bottle of whiskey
data reporting	burner	states that it is made up of
D It reduces the number	D pipettes and a pH meter	40% alcohol. Which one of
of tools needed in the		the following statements
laboratory.	2. Which of the following	about whiskey is
	tables is a CORRECT	incorrect?
3. Which of the following	representation of the data	A. Whiskey is a solution.
physical quantities uses a	for Sally's experiment?	B. The alcohol is the
meter as the unit of	A.	solvent.
measurement?	Water Sugar	C. Whiskey is not a
A. mass	100 ml 100 grams	suspension.
B. time	100 ml 400 ml	D. The alcohol is dissolved
C. length		in water.
D. temperature	200 ml 100 grams	
	B.	5. Why are solutions
4. Which tool is used to	Water Sugar	important in everyday life?
measure the mass of an	100 ml 100 grams	A. They help in dissolving
object?		and mixing raw
A. ruler	100 ml 200 grams	materials.
B. tape measure	100 ml 400 grams	B. They assist in
C. thermometer	C	dissolving and removing
D. platform balance	Water Sugar	dirt and stains.
	200 ml 100 grams	C. They help in dissolving
5. Cesar wants to measure		and delivering
the right amount of water	400 ml 200 grams	medications to the body.
to be placed in his mini	100 ml 400 grams	D. All of the above
aquarium. What unit of		
measurement must he use	Water Sugar	
to do it?	100 ml 400 groms	Answers:
A. meter (m)		
B. cubic meter $(m^3)$	100 ml 100 grams	
C. kilogram (kg)	100 ml 200 grams	3. A
D. Kelvin (K)		
		5. D



A	
Answers:	3. what were the
1. A	measurements for the third
2. A	set-up?
3. C	A. 100 ml of water with 100
4. D	grams of sugar
5. B	B. 100 ml of water with 200
	grams of water
	C. 100 ml of water with 300
	grams of sugar
	D. 100 ml of water with
	400 grams of sugar
	roo gramo or ougar
	4. What do you need to
	know in order to design a
	data table?
	A The independent
	N. The independent
	D The dependent veriable
	C. Doth the independent
	C. Bour the independent
	and dependent variables
	D. Neither the independent
	nor dependent variables
	5. Why is the organization
	of data important before
	interpreting and drawing
	conclusions?
	A. It makes the data look
	neat and tidy.
	B. It helps scientists
	remember the data.
	C. It is a requirement for
	scientific papers.
	D. It allows for easier
	analysis and
	understanding of the
	data.



		Answers:	
		1. A	
		2. B	
		3 D	
		4 C	
		5 0	
Additional Activities for Application or Remediation (if applicable)	Have the students complete the following additional activity to enhance their measurement reading skills. A. Determine the measurement of the object shown on each measuring device below: 1 10200000000000000000000000000000000000		









