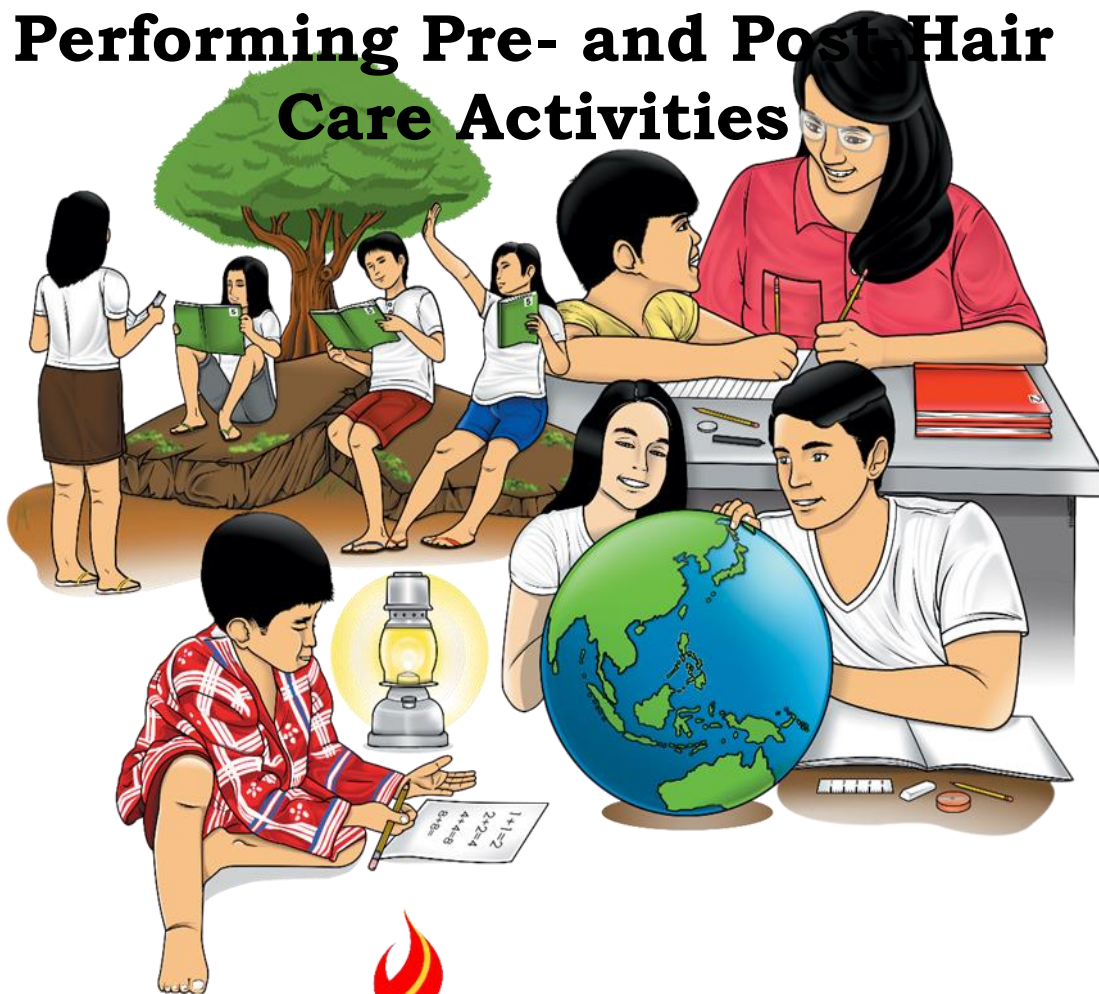


9

# Technology and Livelihood Education

## Barbering

### Quarter 1 – Module 1: (Lesson 3) Performing Pre- and Post-Hair Care Activities



**TLE – Grade 9**  
**Alternative Delivery Mode**  
**Quarter 1 – Module 1: Performing Pre- and Post-Hair Care Activities**  
**Lesson 3 – Perform Blow Drying of Hair**  
**First Edition, 2020**

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**Technology and  
Livelihood Education  
Barbering**

**Quarter 1 – Module 1 Lesson 3:  
Perform Blow Drying of Hair**

# **Introductory Message**

This Self-Learning Module (SLM) is prepared so that you, our dear learners, can continue your studies and learn while at home. Activities, questions, directions, exercises, and discussions are carefully stated for you to understand each lesson.

Each SLM is composed of different parts. Each part shall guide you step-by-step as you discover and understand the lesson prepared for you.

Pre-tests are provided to measure your prior knowledge on lessons in each SLM. This will tell you if you need to proceed on completing this module or if you need to ask your facilitator or your teacher's assistance for better understanding of the lesson. At the end of each module, you need to answer the post-test to self-check your learning. Answer keys are provided for each activity and test. We trust that you will be honest in using these.

In addition to the material in the main text, Note to the Teacher are also provided to our facilitators and parents for strategies and reminders on how they can best help you on your home-based learning.

Please use this module with care. Do not put unnecessary marks on any part of this SLM. Use a separate sheet of paper in answering the exercises and tests. And read the instructions carefully before performing each task.

If you have any questions in using this SLM or any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator.

Thank you.



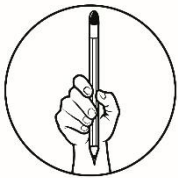
## ***What I Need to Know***

This module was designed and written with you in mind. It is here to teach you on blow drying techniques. The lessons are arranged to follow the standard sequence of the course. But the order in which you read them can be changed to correspond with the module you are now using.

The module is focused on Lesson 3: Perform Blow-Drying of Hair

After going through this module, you are expected to:

- a. towel dry hair according to service requirements;
- b. comb hair in accordance with the service requirements;
- c. use appropriate tools and implements according to salon standards;
- d. blow dry according to service requirements and salon standard procedures;
- e. apply finishing products to blow dried hair according to manufacturer's instructions or products specifications; and
- f. ensure client's safety and comfort during the entire process.



## ***What I Know***

### **Pre-test**

Direction: Choose the letter of the best answer. Write the chosen letter on a separate sheet of paper.

1. It is a method of styling the hair while drying it with a hand-held hairdryer.
  - a. blow drying
  - b. hair cutting
  - c. hair styling
  - d. rebonding
  
2. What products produces a firm hold and ideal for creating a short textured or spiky finish, apply to wet hair?
  - a. wax
  - b. gel
  - c. serum
  - d. mousse

3. Blow dryer must have a variety of heat, because\_\_\_\_\_.
  - a. temperature is important
  - b. temperature allows the air to flow
  - c. temperature enables fast hair drying
  - d. temperature affects the shape of your hair
  
4. Which one is the second step of blow-drying hair?
  - a. choose the best dryer for your hair
  - b. select a medium or low heat for your hair dryer
  - c. remove the clip holding the hair on the top of your head.
  - d. aim your blow dryer at the segment your hair on the brush
  
5. How is the patron's collar wrapped?
  - a. folded outward
  - b. folded inward
  - c. leave as is
  - d. fold together with the towel
  
6. What must one use when working with hazardous chemicals?
  - a. wipe with wet towel
  - b. comb must be sanitized
  - c. one must wear protective equipment
  - d. place a long strip in the client's neck to avoid allergy
  
7. Which is the last step in towel drying hair?
  - a. Use a fresh part of the towel
  - b. Blot and squeeze your hair with the towel
  - c. Get a soft towel or t-shirt ready
  
8. What will happen when the towel ruffles up the hair cuticles? The hair will become \_\_\_\_\_.
  - a. burn
  - b. smooth
  - c. extremely frizzy
  - d. elastic
  
9. How will you prevent cross contamination between customers?
  - a. Dry towel every after-customer use.
  - b. Provide a new towel and tools to every customer.
  - c. Remove hairs in every tools and equipment used.
  - d. Wash and disinfect all the towels, tools and equipment every after-customer use.
  
10. How to protect the client's clothing while doing the process?
  - a. Wear your gloves
  - b. Prepare the service area
  - c. Wear your personal protective equipment
  - d. Personal protective equipment such a gown and a towel will be provided to the client to be worn

**Lesson**  
**3**

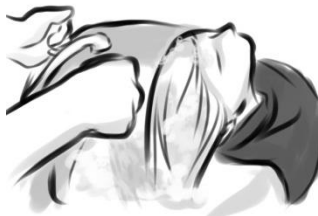
**Barbering: Perform Blow-Drying of Hair**

This lesson will give you the proper procedures in towel drying your hair according to service requirements, proper combing, the use of appropriate tools and implements, blow drying of hair using finishing products according to manufacturer's instruction at the same time ensuring clients safety and comfort during the entire process. But it is not as easy as you think. Along the way, you will learn and be amazed as to how you towel dry your hair that will give your hair a healthy finish.



***What's In***

Directions: Arrange the pictures according to the correct procedure on how to rinse the clients' hair after shampooing and conditioning. Write your answer in your quiz notebook.



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



### ***Notes to the Teacher***

In the preceding lesson you can learn more about blow drying of hair, just follow carefully the proper way to perform blow drying of hair.



### ***What's New***

#### **Hide and Seek**

The hidden word/s can be positioned in all directions, written from left to right, from right to left, horizontally, vertically and diagonally, but is always in one straight line.

Direction: Find and encircle all the words that are hidden in the grid. The words have something to do with performing blow drying of hair. Write as many as you can see in your quiz notebook.

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| M | C | O | M | B | M | D | S |
| O | A | O | U | M | O | I | E |
| I | B | G | R | I | P | F | R |
| S | R | L | E | T | D | F | U |
| T | U | R | O | O | I | U | M |
| U | S | A | K | W | T | S | O |
| R | H | P | S | E | E | E | N |
| I | S | R | T | L | O | R | O |
| Z | O | O | R | D | N | B | Z |
| E | I | N | I | R | E | O | Z |
| R | N | B | P | Y | R | L | L |
| S | G | E | L | E | W | O | E |





## **What is It**

### **I. Towel Dry Hair According to Service Requirements**

**Towel dried hair** means wet hairs when dried using towel only. Blot and wet hairs using towel after squeezing every section of hair in constant manner, the hairs are towel dried.

Vocabularies:

1. frizzing - form hair into a mass of small, tight curls or tufts
2. nubby towel - designing a towel
3. wring - squeeze and twist to force liquid from it

### **How to Towel Dry Hair?**

While using a hair dryer at the right to heat and proper distance is better for your hair than air drying it, toweling and air drying your hair is still better than setting the hair dryer to an excessively high heat or using it as a proximity.

If your hair has been previously heat-damaged or if you just prefer the way it looks after being towel and air dried, there's a right and wrong way to do it. Use a soft towel to squeeze out the moisture, and then let your hair continue our drying. If you treat it well, your hair well your hair continues air drying. If you treat it well, your hair well stays strong, beautiful and vibrant.



### **How should I Dry my Hair with a Towel?**

Steps:

1. Get a soft towel or t-shirt ready. When you are towel drying your hair, its best to use a very soft towel or even an old t-shirt instead of a coarse nubby towel.  
Using soft material will prevent your hair from getting tangled and damage when you dry it.

2. Squeeze wet hair gently with your hands.  
Don't twist your hair as this can easily damage it.
3. Blot and squeeze your hair dry with the towel.  
Grab a section of hair and gently blot and squeeze it with towel working from the roots, the entire way to the tips.
4. Use a fresh part of the towel to keep blotting.  
This step is not strictly necessarily, but it's a way to get your hair as a close to dry as possible using only a towel.

For more inputs, you can look online and choose the best towel for towel hair drying.

### **Methods in Doing a Towel Wrap for Longer Hair**

1. Have a large, soft towel ready.
2. Squeeze excess water gently from your hair.
3. Bend over and place your towel over the back of your head.
4. Bring the sides of the towel together at your forehead
5. Twist the towel.
6. Keep your hair in the towel for 20 to 30 minutes.



## **II. Comb Hair in Accordance with the Service Requirements**

A **comb** gives everyone a good grooming and a pleasant direction of our hair. It makes someone pleasing to look at. As part of our day to day maintenance routine in life, combing after bath or daily must be of important role to everyone. It also gives us a smooth and flowing hair. It also helps everyone achieve the natural hair oil when brushing or combing oftentimes.

### **Types of Combs for Hair Implementation**

The comb is among the oldest tools unearthed by archaeologists. The earliest comb which dates to 2,500 B.C. was found in Sweden and was also used as a decorative piece. Those made of bronze and bone date back to 1800-500 B.C. and were given as burial presents.

Combs became wider, shaped into a half-moon, and made of iron during the early Iron Age. In the late Iron Age, combs became narrower. During the middle Ages, people made combs from the wood or bone of a deer or moose horn using a comb maker.

### 1. All-Purpose Comb



Just like the name sounds, an all-purpose comb can handle a variety of jobs on men, women, and children. The combs are extra sturdy, work on both thin and thick hair, and do everything from a quick touch-up job to making sure your hair always looks great.

All-purpose combs also come in a wide variety of colors and lengths, with the seven-inch combs being very popular, but because they tend to be longer than many other types of combs, they are usually used only at home, since a smaller one is usually needed for a purse or wallet.

### 2. Barber Comb

These are more familiar to men than to women since they are the type of comb barbers use most often. With these combs, you can cut and trim the hair without getting too close to the head, and they have both a fine-tooth and a wide-tooth section. They have also tapered combs, being wider at one end than the other, and they serve as a guard so that the barber doesn't damage the scalp. In fact, they are like the guards sometimes found on electric clippers. They are not always as easy to find as other types of combs, but you should be able to purchase them at a good beauty supply store.



### 3. Fine-Tooth Comb



If you want to get all your hairs in place, a fine-tooth comb is what you need. These combs have teeth that are close together and are great for creating hair that is perfectly neat and straight. If you have very thick hair, it might not benefit you to use a fine-tooth comb because it may not fit through your tresses, or it may break while you're using it. It can also cause you to lose more hair than you wanted. However, for most people, a fine-tooth comb works wonders when making your hair look better, and it can even take the place of a brush in most instances.

### 4. Pick Comb

Similar to a rake comb, pick combs are made specifically for *lifting the hair*, and they work well for people who like the afro look. They usually have wide teeth and a short handle, and they can also be used to partially or tease your hair. Pick combs *can be made of plastic or metal*, and they come in various colors and sizes as well. They are great for people with frizzy or thick hair, and they are usually small enough to fit in your pocket or a purse.



## 5. Pin Tail Comb

A pin tail comb is like a rat tail comb, the difference being that the tail – or the handle – is much thinner and finer. If you want to more precisely part your hair, the pin tail comb is perfect to use. If you use a flat iron to straighten your hair, these types of combs can be true miracle-workers.



## Types of Hairbrushes Used for Hair Implementation

Are you using the right type of brush for your hair type? How about the right brush for the style you're going for? Choosing the right one for the job can be a little overwhelming. Some brushes work best on dry hair, while others work best for wet hair. Then you have to consider the bristles. Some brushes have synthetic bristles and are best for drying hair quickly, creating a bouncy blowout or detangling. Boar bristles are best for creating a smooth, shiny look.



### 1. Detangling Brush

The detangling brush smooths wet (or dry) hair without causing breakage. This brush is ideal for everyone—even kids! The 'wet brush' concept is ideal for all hair types and is pain-free! However, do not to use this type of brush with a blow dryer, as it can melt the bristles.

### 2. Round Brush



The round brush is a boar-bristle brush, ideal for long hair to create a straight and sleek look. These types of bristles are great for a smooth, shiny look, but will also give you volume and fullness. When using this brush, you have to brush your hair in the opposite direction because it will help give you height at the root. For longer hair, she also recommends choosing a round brush that is three inches or more in diameter.

### 3. Paddle Brush



A wide paddle brush is perfect for taming unruly hair of any length. Use it to blow dry your hair out quicker by sectioning and running the dryer over the brush root to end. You can use it for detangling to whether wet or dry hair.

#### 4. Straightening Brush



This unique brush is heated and allows you to flat iron your hair while running the brush root to end. This brush makes flat ironing very easy! Use this to your client to get perfectly smooth hair easily. This thermal brush will also help you get those hard-to-reach baby hairs. The straightening brush is suitable for all hair types and leaves you with a silky and shiny look

#### 5. Smoothing Brush



This brush is great for styling. It is the perfect tool for smoothing unruly locks. You can use this brush to pull back a tight ponytail or tight bun to create a sleek look. It will quickly smooth out any bumps and will not separate your hair.



### III. Use Appropriate Tools and Implements According to Salon Standards





#### Definition of Terms




*Detangling Comb* - is a specially designed comb or brush that can help you comb through your hair with ease, removing knots and tangles in a quick, pain-free manner.

*Neck Strip* -has an elongated thin elastic strip of flexible material having opposite ends.

*Styling Chair* - seat for one person, with a support for the back.

| <b>Tools</b>  |   |
|---|---|
|  | <p><b>Detangling Comb</b> - is a specially designed comb or brush that can help you comb through your hair with ease, removing knots and tangles in a quick, pain-free manner.</p>  |
|  | <p><b>Hairbrush</b> - is a handle <i>brush</i> with rigid or soft spokes used in <i>hair</i> care for smoothing, styling, and detangling human <i>hair</i>, or for grooming an animal's fur. It can also be used for styling in combination with a curling iron or <i>hair</i> dryer.</p> |

|   |   |
|---|---|
|  | <p><b>Backwash</b> - means to let customers lean back and sit in a comfortable position at a salon wash point.</p>                                    |
|  | <p><b>Styling Chair</b> - seat for one person, with a support for the back.</p>   |
|  | <p><b>Salon Gown / Apron</b> - is an outer protective garment that covers primarily the front of the body to protect clothes from dirt or stains.</p> |
|  | <p><b>Blower</b> - is an electromechanical device that blows ambient or hot air over damp hair to speed the evaporation of water to dry the hair.</p> |

| Supplies/Materials  |  |
|---|--|
|  | <p><b>Towel</b> – used for drying the hair.</p>  |
|  | <p><b>Neck Strip</b> - has an elongated thin elastic strip of flexible material having opposite ends.</p>  |
|  | <p><b>Protective Gloves</b> - is used when working with hazardous chemicals and other materials because they protect our hands from infection and contamination.</p> |

#### IV. Blow Dry According to Service Requirements and Salon Standard Procedures.

##### Words to Learn:

**Grip** – hold firmly

**Clamp** – group of things clustered together

**Nozzle** – a short tube constricted in the middle and use to speed and direct a flow of fluid

**Tact** – a keen sense of what to do or say to keep good relations of other

##### Blow Styling Techniques

**Blow waving** – shaping the hair into waves, using directed heated air from a dryer and combs, brushes or your hands

**Blow drying** – drying the hair with the handheld dryer

**Scrunch drying** – gripping and squeezing clumps of hair while directing heated air into the hand

**Finger or Hand drying** – lifting, teasing, pulling and directing hair with the fingers or hands

**Blow-combing** – drying and shaping using comb, or a comb attachment fixed to the hair dryer

The **tension method** is a blow-drying technique that allows you to minimize the amount of heat and manipulation that you put on hair.

#### 3 Easy Secrets to a Perfect Home Blow-Dry

##### A. To Blow-Dry Straight Hair

1. Pre-dry section



2. Dry top Layers



3. Shape ends and Finish



## How to Blow Dry Hair

A blow dryer can cause damage and make your hair look frizzy if you do not use properly.

### Preparing to Dry Your Hair

- Wash your hair
- Dry your hair using a towel
- Apply your heat protectant and other hair products
- Use hair clips to separate your hair into manageable sections.
- Pick a section of your hair to dry first.
- Brush your loose hair.



### Drying Hair

- Choose the best dryer for your hair
  - Select a medium or low heat for your hair dryer
  - Separate a section of your loose hanging hair with your hairbrush
  - Pull on the brush to keep your hair taut
  - Aim your blow dryer at the segment your hair on the brush
1. Gather and bind the dry hair from the sides and back of your head
  2. Remove the clip holding the hair on the top of your head
  3. Pull the hair from the top of your head forward using your brush
  4. Target the roots of your hair on the top of your head with the blow dryer.
  5. Pull your hair forward with the brush as you target it with the dryer



### How to Get more Volume when Blowing the Hair?

1. Start by applying a volumizing spray onto your hair and roots.
  - Then flip your head over and use the blow dryer
  - When you flip your head back up, you'll have added volume
  - Another option is putting in a few pin curls clips at your roots and then using the blow dryer on a low setting.
2. Manage your ends  
The ends of your hair are the most susceptible to damage and frizzy, so paying special attention to how they are styled can really improve your look.
3. Apply a mist of shine spray or a drop of shine serum for a glossy look.
4. Tamp down unruly hair with some styling cream or hair gel.
5. Set your hair into place using the cool setting on your hair dryer

### Things you're doing wrong when blow drying your hair to air dry.

- Some blow-dry mistakes could cause your hair to look dry or frizzed.
- You should be blow-drying your hair from root to tip
- You should avoid passing over hair that's already dry.



## **8 mistakes in making when you blow-dry your hair**

1. You don't have a great blow-dryer
2. You're spending too long with your hair wrapped in a towel
3. You start in with the brush too soon
4. You forget to spray heat protectant on the back of your head.
5. You ignore the concentrator nozzle attachment
6. You're using the wrong brush
7. You start drying from the back of the head
8. You want volume, don't give your roots extra attention

## **Other tips to Blow Drying Your Hair (Method 1)**

- Comb out any tangles using your fingers or a wide-toothed comb
- Soak up any excess moisture with a towel
- Consider letting your hair air dry part-way before you use a hairdryer.
- Hold the hairdryer about 12 inches (30 cm) away from your hair to rough dry.
- Point the nozzle downwards when you blow dry your hair.
- Use your fingers to keep your hair smooth while your blow dries it.
- Consider using a vented round brush to make your hair straight.
- Finish your look by giving your hair a blast of cool air.

## **Using the Right Products (Method 2)**

Apply a leave-in conditioner to the ends of your hair. Use a tiny bit of argan oil, jojoba oil, or shine serum on your hair before you blow dry it. Use a heat protection spray before your blow dry your hair. Try getting a nozzle attachment for your hairdryer if you have straight hair. Try getting a diffuser attachment for your hairdryer if you have curly hair.

## **Straight Hair**

### *Step 1:*

- After towel-drying off wet hair, set your dryer on medium heat and high air speed. Blow hair until it's 80 percent dry.
- Gather the hair on top of your crown and secure it with a clip. Begin drying the lower layers with a brush, using more heat. Point the dryer's nozzle downward to help smooth hair and create shine.

### *Step 2: Dry top layers*

- Remove the clip and use it to hold the now-dry lower layers back and away. Twist and clip them into a bun to add waves, or secure like a very loose, low ponytail for a straighter look.
- Blow-dry the top section. Aim at the roots to add volume, then work toward the ends, using the brush to pull hair forward and out.

### *Step 3: Shape Ends and Finish*

- Remove the clip. Flip all hair back. Part and dry hair around the forehead.
- To curl ends, roll them under with a round brush, blast with heat, and set with cold air. For a straight finish, pull the brush through while drying ends with warm air; set with cold air. Apply styling cream to tamp down fly-a-ways, or mist with hair spray

### **To Blow-Dry Curly Hair**

#### *Get the Tools*

- **The right dryer:** Don't distort curls with too much power—1,400 watts is enough, that's according to a salon owner in New York City and Santa Monica, USA. Curls don't call for a high temperature, either. Stick with the low and medium settings for temperature and air.
- **Diffuser:** This is the crucial component for creating soft, fuzz-free curls. Look for a design that's concave in the middle (not flat). This allows curls to rest inside and take a natural shape

### **Layer your products**

#### **Conditioner**

First apply a creamy leave-in conditioner to keep moisture in strands as you dry them.

#### **Gel**

Next, use a gel to define curls and help set them in place. A gel also prevents frizz.

#### **Finisher**

After drying, use a product to hydrate ends and add shine and hold.

### **Step 1: Apply Leave-in and Gel**

After applying a leave-in conditioner through wet (but not sopping) strands, flip most of your hair to one side. With your fingers, work the gel into four manageable sections, from roots down to tips, evenly distributing it around your head. Finally, hold the ends, shake your hands from side to side, and then release to allow curls to spring back up to the roots.

### **Step 2: Diffuse at the roots**

- Set your dryer to low or medium heat and medium speed.
- Place the diffuser right at the roots, starting at the nape of your neck. Gently hold ends away from the dryer, letting them dry naturally (blow-drying curly ends, which tend to be dehydrated, makes them frizzy). Move the diffuser around until all roots are dry.

### **Step 3: Smooth and Finish**

- Put a pea-size drop of pomade on your palm and rub your hands together.
- Grasp your hair in front, as if you were sweeping it into a ponytail, and run your hands from the hairline to the ends. Then let the curls go. This will help break up any gel crunchiness. Massage your scalp at the roots to add fullness.

### **Techniques used in blow-drying will be dependent on required finished style.**

- *Step 1:* Ensure hair is wet at start of service
- *Step 2:* Use the correct products for hair classification / type
- *Step 3:* Apply products in logical sequence and appropriate to the service
- *Step 4:* Use tools that are appropriate for the finish
- *Step 5:* Use correct size of brush for hair length to create finish
- *Step 6:* Use additional electrical attachments or equipment, e.g. using diffuser attachment to enhance natural curl
- *Step 7:* Ensure hair is dry once finished
- *Step 8:* Be time and cost effective

### **Know how to blow – dry and finish hair**

1. **Root lift:** Use a round brush firmly into the root area moving in a rounded motion to create a volume, allow to cool for maximum lift.
2. **Smoothing / Straightening:** Section hair, work step-by-step, direct airflow away from the root, hold with tension, round/flat brush, smooth cuticle, fully dry each section, allow to fix in new shape by cooling before removing brush, fully dry each section for a smooth/straight look.
3. **Ends curled under:** Work in sections, medium to large round brush to create curl, direct airflow away from root, bend hair under with brush, smooth cuticle by directing airflow down hair shaft, allow to cool around brush to fix in new shape.

## **V. Applying Finishing Products in Blow Drying according to Manufacturer's Instructions**

The cosmetician is a person who provides the consumer with expert advice on cosmetics for the skin, hair and nails. This job has evolved as the result of the increased manufacture of beautifying cosmetics. As a cosmetician, you will be offering many important services to the consumer.

The cosmetician responsibility is to bridge the gap between reality and the advertisement of do-it-yourself beauty aids. This means educating the clients to the proper selection and use of cosmetics that are formulated for different hair

types and conditions. This product education is necessary for several reasons. First, the commercial advertisements of the products have encouraged the consumer to buy cosmetics that cannot deliver the benefits implied and, in some instances, they may be be harm to the consumer.

### **The finishing products used for blow-dried hair in Blow Drying services:**



#### **Products:**

**Serum** – adds moisture and shine to hair; ideal for dry brittle or chemically treated hair. Apply on wet or dry hair. Use sparingly on fine hair

**Mousse** – Available with coloring agents, various strengths from light to firm hold and can enhance service when blow-drying. Suitable for most hair lengths, apply to wet hair

**Gel** – produces a firm hold and ideal for creating short textured or spiky finishes, apply to wet hair - Wax – small amounts are applied to dry hair to create a textured look and give a small degree of hold. Some waxes require softening in the hands first to make them malleable before application. Not suitable for very fine hair

**Blow-dry lotions/creams** – may contain chemicals that protect hair from the heat of equipment or humidity and enhance the finish; apply to wet hair

**Moisturizers/oils** – condition and add moisture and shine to the hair when dried. Suitable for type 3 b, c and 4 b, c characteristic hair type

**Heat protectors** – coat and adds a protective layer to the hair. Apply to dry hair to add shine and definition before the use of any heated styling equipment –

**Hair spray (aerosol)** – varying degrees of strength (firm to soft hold); bonds finished style in place. Apply sparingly to dry hair at a distance of 20cm, being aware of client and others inhaling product

**Finishing sprays/mist/gloss (aerosol)** – add a protective layer and gloss to dry hair; may be used after or instead of hair spray for natural soft finish. Apply very sparingly, over-use may weigh down hair. Check surroundings after use and before client moves - any product on floor may be slippery and cause a hazard

**Hair gloss lotion/cream** – adds a protective layer and gloss to wet hair and smooth out frizz. Suitable for African and type 3 b, c and 4 b, c characteristic hair type •

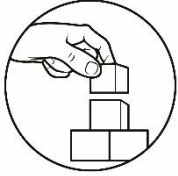
## **VI: A. Sanitary and Safety Precautions**

1. Ensure that all the tools and equipment are cleaned and sanitized between every client.
2. Maintain a high standard of personal hygiene.
3. Make sure to wear correct and adequate personal protective equipment before handling a client.
4. Personal protective equipment such as a gown and a towel will be provided to the client to be worn, in order to protect their clothing.
5. Analyze the hair and scalp to make the correct product choice, referring to the hair type, texture and condition of the hair and scalp.
6. Follow the product manufacturer's direction
7. Do not leave the wires trailing.
8. First aid box should be suitably stocked and in properly identified container.
9. Used blades must be disposed of in a suitable sharp's container, out of the reach of clients and children
10. Always wash the towels every after use to prevent cross contamination between customers.



## **B. HEALTH AND SAFETY PRECAUTIONS WHEN BLOWDRYING**

1. Use only professional tools.
2. Ensure that all electrical equipment is in good order.
3. Never use electrical equipment with wet hands – you might be electrocuted.
4. Never use faulty equipment.
5. Work comfortably. Avoid continually twisting or stretching your body.
6. Maintain high standards of hygiene.
7. Test the heat of the dryer before applying it to the hair. You may cause discomfort to your patron or damage to the hair, if the air is too hot for the skin or too hot for the hair.
8. Direct hot air away from the scalp.
9. Do not keep the dryer in one place too long.
10. When straightening, never overstretch the hair.
11. Do not attempt to shape hair when it is too wet.
12. Pulling the hair may cause breakage.
13. Use suitable blow-drying aids to protect hair from overheating.
14. Do not blow style hair that is in poor condition.
15. Do not blow dry if the hair is too dry or wet.



## What's More

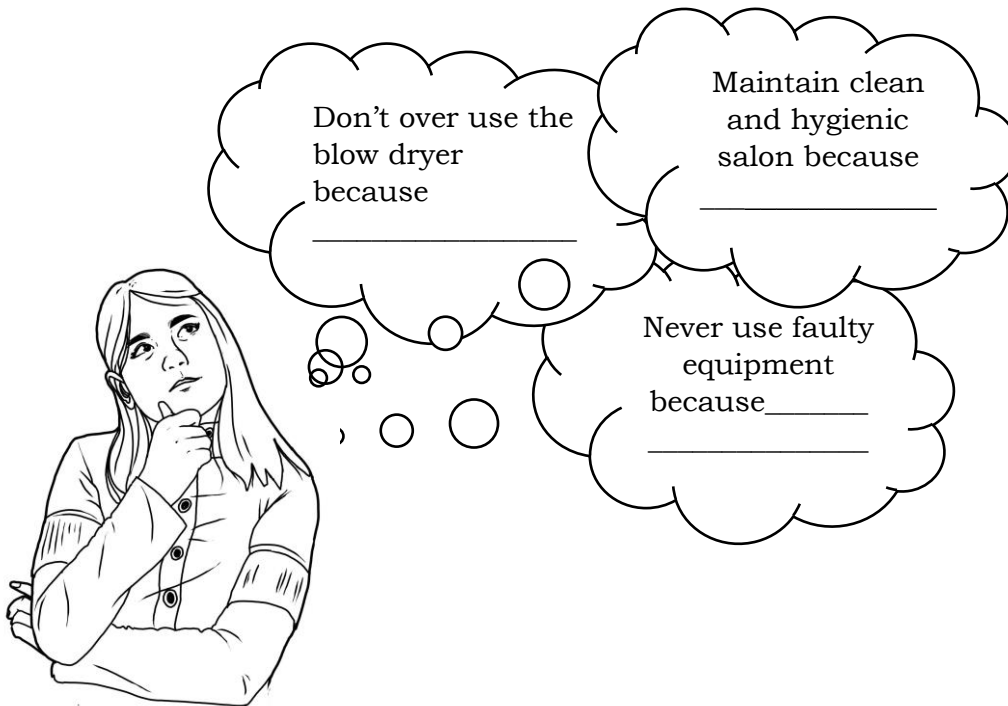
### Activity 1.1 Arrange Me

**Directions:** Arrange the Methods in Doing a Towel Wrap for Longer Hair in order. Write your answer in your activity notebook.

1. Bend over and place your towel over the back of your head.
2. Keep your hair in the towel for 20 to 30 minutes.
3. Have a large, soft towel ready.
4. Twist the towel.
5. Bring the sides of the towel together at your forehead
6. Squeeze excess water gently from your hair.

### Activity 1.2 Think It Over

**Direction:** Take this activity by completing the sentences in each call out thru filling the blanks.



### Activity 1.3 True of False:



Now that you have learned the proper way of blow-drying hair. Let us test your knowledge.

**Direction:** Do this. Write **TRUE** if the statement is correct, and **FALSE** if not. Write your answer in your quiz notebook.

1. Use only professional tools.
2. Ensure that all electrical equipment is in good order.
3. Use electrical equipment with wet hands – you might be electrocuted.
4. Use faulty equipment.
5. Work comfortably. Avoid continually twisting or stretching your body.
6. Maintain high standards of hygiene.
7. Do not Test the heat of the dryer before applying it to the hair. You may cause discomfort to your patron or damage to the hair, if the air is too hot for the skin or too hot for the hair.
8. Direct hot air away from the scalp.
9. Do not keep the dryer in one place too long.
10. Blow dry if the hair is too dry or wet.

**REMEMBER!**

- Your work area should be kept clean and tidy throughout the service.
- Always make client comfort and important issue and position your client carefully at the basin before you begin rinsing.
- The wastes should be removed immediately after rinsing.
- Do not directly pull the clients' hair.

*Don't forget to dry your hands before picking any tool.*



## ***What I Have Learned***

### **Activity 1: FILL ME IN**

Directions: Supply the missing words on the blanks to make the statements correct.  
Write your answers on a separate sheet of paper.

**Root lift:** Use a **1.** \_\_\_\_\_ brush firmly into the root area moving in a rounded motion to create a **2.** \_\_\_\_\_, allow to cool for maximum lift.

**Smoothing / Straightening:** **3.** \_\_\_\_\_, work step-by-step, direct **4.** \_\_\_\_\_ away from the root, hold with **5.** \_\_\_\_\_, round/flat brush, smooth cuticle, fully dry each **6.** \_\_\_\_\_, allow to fix in new shape by cooling before removing brush, fully **7.** \_\_\_\_\_ each section for a smooth/straight look.

**Ends curled under:** Work in sections, medium to large round brush to create **8.** \_\_\_\_\_, direct airflow away from **9.** \_\_\_\_\_, bend hair under with brush, smooth **10.** \_\_\_\_\_ by directing airflow down hair shaft, allow to cool around brush to fix in new shape.

### **Activity 2: Describe me:**

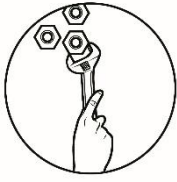
Directions: What have you observed in the picture? Write at least 3 of your observation in a separate piece of paper.



### **Observation:**

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.





## ***What I Can Do***

**I. Directions:** Get a partner and demonstrate the step by step process of **blow drying a hair** following the salon service standards. then ask your partner to rate your performance using the assessment rubrics below.

| <b>ACTIVITY</b>   | <b>FAIR</b><br>1pt | <b>SATISFACTORY</b><br>2pts | <b>EXCELLENT</b><br>3pts |
|---|--------------------|-----------------------------|--------------------------|
| 1. Separate a section of your loose hanging hair with your hairbrush      |                    |                             |                          |
| 2. Aim your blow dryer at the segment your hair on the brush.             |                    |                             |                          |
| 3. Select a medium or low heat for your hair dryer.                       |                    |                             |                          |
| 4. Choose the best dryer for your hair.                                   |                    |                             |                          |
| 5. Target the roots of your hair on the top of your head with the blow    |                    |                             |                          |
| 6. Pull on the brush to keep your hair taut.                              |                    |                             |                          |
| 7. Pull your hair forward with the brush as you target it with the dryer. |                    |                             |                          |
| 8. Gather and bind the dry hair from the sides and back of your head.     |                    |                             |                          |
| 9. Remove the clip holding the hair on the top of your head.              |                    |                             |                          |
| 10. Pull the hair from the top of your head forward using your brush.     |                    |                             |                          |

**II. Perform blow – drying and finishing of hair applying finishing products according to service requirements and salon standards.**

**Performance Rubric for Blow-Drying**

| <b>Criteria</b>  | <b>5</b> | <b>4</b> | <b>3</b> | <b>2</b> | <b>1</b> |
|--|----------|----------|----------|----------|----------|
| A. Patron's Preparation  |          |          |          |          |          |
| B. Proper Attire   |          |          |          |          |          |
| C. Proper Use of Tools / Supplies and Products   |          |          |          |          |          |
| D. Correct Techniques of Blow-Drying   |          |          |          |          |          |
| E. Appropriateness in the use of Finishing products according to service requirements and salon standards. |          |          |          |          |          |
| F. Observance of Safety Precautions and ensuring clients comfort.  |          |          |          |          |          |
| <b>TOTAL</b>   |          |          |          |          |          |

- 5- Followed all the procedures correctly
- 4- Followed 4 to 5 procedures correctly
- 3- Followed 2 to 3 procedures correctly
- 2- Followed only 1 procedure correctly
- 1- Did not correctly follow all the procedures

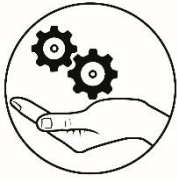


**Assessment**

**Directions: Choose the letter of your best answer and write it on a separate sheet of paper.**

1. It is a method of styling the hair while drying it with a hand-held hairdryer.
  - a. Blow drying
  - b. Hair cutting
  - c. Hair styling
  - d. Rebonding
  
2. What products produces a firm hold and ideal for creating a short textured or spiky finish, apply to wet hair?
  - a. Wax
  - b. Gel
  - c. Serum
  - d. Mousse

3. Blow dryer must have a variety of heat, because.
  - a. temperature is important
  - b. temperature allows the air to flow
  - c. temperature enables fast hair drying
  - d. temperature affects the shape of your hair
4. Which one is the second step of blow-drying hair?
  - a. Choose the best dryer for your hair.
  - b. Select a medium or low heat for your hair dryer.
  - c. Remove the clip holding the hair on the top of your head.
  - d. Aim your blow dryer at the segment your hair on the brush.
5. How is the patron's collar wrapped?
  - a. folded outward
  - b. folded inward
  - c. leave as is
  - d. fold together with the towel
6. What must one use when working with hazardous chemicals?
  - a. wipe with wet towel
  - b. comb must be sanitized
  - c. one must wear protective equipment
  - d. place a long strip in the client's neck to avoid allergy
7. Which is the last step in towel drying hair?
  - a. Use a fresh part of the towel
  - b. Blot and squeeze your hair with the towel
  - c. Get a soft towel or t-shirt ready
  - d. Remove the clip holding the hair on the top of your head.
8. What will happen when the towel ruffles up the hair cuticles? The hair will become \_\_\_\_\_.
  - a. Burned
  - b. Smooth
  - c. Extremely frizzy
  - d. Tangled
9. How will you prevent cross contamination between customers?
  - a. Dry towel every after-customer use.
  - b. Provide a new towel and tools to every customer.
  - c. Remove hairs in every tools and equipment used.
  - d. Wash and disinfect all the towels, tools and equipment every after-customer use.
10. How to protect the client's clothing while doing the process?
  - a. Wear your gloves
  - b. Prepare the service area
  - c. Wear your personal protective equipment
  - d. Personal protective equipment such a gown and a towel will be provided to the client to be worn.



## ***Additional Activities***

### **Activity 1.**

1. Describe the effects of different blow – drying techniques on hair.

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2. Describe the safety considerations for blow – drying and finishing hair.

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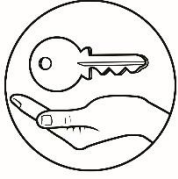
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### **Activity 2:**

Mark **T** if the statement is TRUE and **F** if the statement is FALSE

| <b>T/F</b> | <b>Statement</b>  |
|------------|---|
|            | In preparation to blow dry your hair, put hair protectant to your hair.   |
|            | Select a medium or low heat for your hair dryer   |
|            | Aim your blow dryer at the segment your hair on the brush   |
|            | The ends of your hair are the most susceptible to damage and frizzy, so paying special attention to how they are styled can really improve your look. |
|            | Forget to spray heat protectant on the back of your head.   |



## **Answer Key**

**What I Know**

1. a
2. b
3. c
4. b
5. d
6. b
7. a
8. b
9. d
10. d

**What I Have Learned**

- I.
  1. round
  2. volume
  3. section hair
  4. airflow
  5. tension
  6. section
  7. dry
  8. curl
  9. root
  10. cuticle
- II.
  1. setting hair, stamping hair, blow drying hair into place.

**Assessment**

1. a
2. b
3. c
4. b
5. d
6. b
7. a
8. b
9. d
10. d

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